



# LARC



Lake Associates Recreation Club

Volume 21, Issue 4

## NUDE VIEWPOINT

JULY 2007

AFFILIATED WITH THE AMERICAN ASSOCIATION FOR NUDE RECREATION, IT'S NORTHWEST REGION, AND THE INTERNATIONAL NATURIST FEDERATION – PARTICIPATING WITH THE NATURIST SOCIETY. LAKE MCMURRAY RECREATIONAL RESORT – HOME OF LARC

WEB SITE: [www.larcnudists.com](http://www.larcnudists.com)

### LARC BOARD MEMBERS

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### Nude Recreation Week

In a rare move, demonstrating the unity inherent in the nudist community, The American Association of Nude Recreation (AANR) and The Naturist Society (TNS) are teaming up this month to encourage the masses to give clothes-free recreation a try during Nude Recreation Week. July 9-15. "A national study found that 15 percent of Americans are looking for a nude recreation experience; however sometimes taking the plunge can be difficult for newcomers," said AANR President John Kinman. "Nude Recreation Week gives the public an opportunity to try...the freedom of clothes-free travel and recreation in appropriate settings." We here at LARC, kick off this celebration with our own Open House, and Bare Images Fine Art Show, July 7-8. This is a great opportunity for you to invite newcomers to the club for something worthwhile, whether or not they "take the plunge" and disrobe. It is also an opportunity for them to experience firsthand one of the fastest growing trends in both travel and recreation.

"We would like to spend this national Nude Recreation Week celebrating the nude human form an inherently wholesome and natural," explained Nicky Hoffman, president of TNS.

For those newcomers looking to try nude recreation in the comfort of their own home, AANR and TNS recommend these five activities:

- Cool off: skinny dip in your backyard pool.
- Make housekeeping fun: shed those clothes, turn on some music, and get out the mop.
- Get in touch with nature: garden nude.
- Exercise in the buff: hit the treadmill, or dust off one of those workout videos.
- Telecommuting in the nude: working from home—in the nude—is actually increasing in popularity!

Take advantage of this opportunity to celebrate!!

ARE YOU READY FOR SUMMER FUN??

WE'VE GOT YOU COVERED!



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## MEMBER'S BIRTHDAYS

**JULY: 3** Cassandra R.,  
**7** Bob vanL., **7** Carolyn B.,  
**14** Larry T., **17** Mike N.,  
**20** Keith S., **25** Rod S.,  
**27** Darlene O., **29** Margaret A.,  
**30** Fred F.  
**AUGUST: 3** Don K.,  
**4** Shawn W., **8** Waldo C.,  
**9** Monika H., **9** Lia N.,  
**17** Ann C. **20** Betty S.,  
**22** David D., **26** Peter G.

## Upcoming Events :

### July

**7-8 Bare Images Fine Art**

See notice, p.3

**8 Continental Breakfast**

**7-8 Grill Open 12-4**

**14 Board Meeting**

**14 Karaoke Night**

**28 Nudie Blues Music**

See details, notice, p. 4

**28 Volleyball Tournament**

### August

**4 National Convention**

At the Willies, see p. 4

**12 Poker Run**

To benefit Skagit Hospice

Event details subject to change:

**BE SURE TO CHECK OUR WEB SITE FOR UPDATES!**

**[www.larcnudists.com](http://www.larcnudists.com)**

Also-

**Be sure to check the message board at the office when you enter the park.**

## From the Editor's Chair



Last time I checked, there were only two genders.

This means that when we finally get around to trying social nudity, we (most all of us) have already crossed that threshold with half the population anyway. So in theory, it shouldn't be such a big deal, when we take the plunge and enter a world with a bunch of naked people of both genders. Yet, for most of us, there are still those dramatic moments of trepidation when we take that first step.

And there are differences between the two genders! Take for example two articles appearing coincidentally in two publications last month.

One, written by a *man*, Robert Denker, appears in *Newsweek* for June 18. His experience starts with an unexpected trip to a nude beach. Caught off-guard, he did not know exactly what to think, or do. He and his buddy went "half-way," removing their shirts, though the writer found that wearing his swimsuit had him feeling a bit uncomfortable. He did return the next week, however, and got undressed but stayed close to the comfort of his home-base in the sand. He kept going back, week after week, until finally he was able to stroll the beach, and even join in some volleyball games.

The other article appears in this month's *N* magazine. It is written by a woman, Jackie Loubay, who lives here in the northwest. Her situation was the common husband-wants-me-to-and-I-finally-succumb story. She went with her husband to a club during the week, where there were few others present.

It was at this point, that the two genders manifest their basic differences. Mr. Denker's experience was mostly in his *head*, while Ms Loubay's experience was mostly in her *body*. *He* reacts to the Idea of Nudism, while *she* reacts to the feelings of the experience. *He* sees advantages in everyone living a naked lifestyle, for example, when confronted with airport security. *He* participates in the organization of nudism, such as in patrolling the beaches. *She* was comforted by quietly being among others who were comfortable in their own skin. *He* wants to advocate, and *she* wants to enjoy. It may have been more than mere coincidence that *he* found himself on a nude beach, while *she* had her initial experience in a club.

Aren't you glad we have two genders? I for one am happy with our differences.

-Jay

## BARE IMAGES 2007

On **Saturday July 7th AND Sunday July 8<sup>th</sup> 2007** LARC will host the Fourth Annual Bare Images Fine Art Show in conjunction with our annual Open House and Nude Recreation Week. We are looking forward to the best show ever. We will have 26 artists represented with over 90 pieces of art.



As always, there will be many paintings and drawings, as well as sculptures and pieces of unusual media to view!

Many new artists are joining us this year and we have several returning artists! Some of our

new artist additions are very well known, at least to publishers and magazines and galleries! There will be live modeling sessions both days, and a talk given by Mark Story about "The Nude Form In Art."

This is our annual Open House, so don't forget the LARC grill will be open, as well as a gift shop.

We will need volunteers for:

- Parking
- Food service (see Keith and Tammy)
- Set up (see Russ)
- Take down (see Russ)
- Clean up (before and after the show) (see Russ)
- Gift Shop (see Linda)
- Hand out and poster distribution (see Russ)
- Putting out and collecting road signs...Both days
- Greeters
- Music (Cd's and such)
- Last minute details I can't think of now! LOL

Hope to hear from you and better yet see your smiling faces!

—Russ

rrphoenix@netzero.net

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### Classified Ad

From the *Piedmont Shopper*, in Danville, Virginia:

"Mixing bowl set, designed to please a cook with a round bottom for efficient beating."

## IN MEMORIAM

Dale Lemere, one of our long-term life members, has passed. He had a long bout with diabetes, but was always willing to smile and laugh with us. It wasn't that he told that many jokes; he was thoroughly amused by the human condition. He didn't complain, and was always more interested in the needs and stories of others. He will be missed.

## LARC Walkers



To join **LARC Walkers** here is what you need to do on Saturday or Sunday:

- 1) **Show up**—at the upper shower house. At 11:00 AM
- 2) Wear a bright colored cap so that we can be easily seen as we walk around the Outer Loop;
- 3) Wear some comfortable walking shoes;
- 4) Come ready to walk and bring an upbeat and positive attitude.

Please join us in promoting and participating in the **LARC Walkers** group whenever you can. It is a simple and easy way to start on a beautiful path to better health.

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## Ultimate Idol Contestants Chosen

On the evening of June 23rd, the LARC finalists for the upcoming Ultimate Idol Karaoke Competition, came prepared to deliver on their high hopes and expectations. The final competition, which will be held at the national convention at the Willies, August 4-12 looms.

But first, our Activities Director, Cassandra, served up a full evenings' worth of entertainment to whet our appetites.

Billed as "Get Crazy Karaoke." We enjoyed some group singing to unexpected Beatles Music, and some Sumptuous Butchering of the Spanish Language by singers who undoubtedly wished they had paid more attention to their language studies in high school.

Finally, the moment (drum roll provided) of truth when our finalists Jim L. and Dave M. got their chance to shine.

And shine they did! Dave won, but both contestants put on a good showing. A gift certificate from the Burlington Karaoke Store was awarded to Dave, and the chance to move on to the regional finals on July 14. Congratulations!

# TOP NOTCH LINE UP FOR "NUDIE BLUES" FEST JULY 28

The most popular event of the season  
returns the last weekend of July

It is time to make your plans to attend the 2007 Nudie Blues Larc Music Festival. We have a great line-up of three high quality professional bands that will be performing on the LARC Main Stage. The Popoffs are the opening band and they take the stage at 1:00. This band is made up of three veteran Northwest musicians. I know this will sound too good to be true but according to their web site "they have *never* played with artists such as Joan Jett, David Lee Roth, Styx, Jimi Hendrix, Loverboy, Pat Benetar, Smokey Robinson, The Neville Brothers, Paul Rogers...the voice of Free, Bad Company, and/or The Firm, or any other national recording artist and have never played anywhere national recording artists have ever played".

I know, I couldn't believe it either, but I guess it's



## Here Comes The Fun

AANRCONVENTION2007

August 4 - 12

**Right Here in the Great Northwest!**

Hosted by

The Willamittans

Marcola, OR 97454

For more information, email: [Convention07@msn.com](mailto:Convention07@msn.com)

### No Photos?

Looking for Photos? You can find photos of many FUN LARC events in the MEMBERS ONLY

Pages on our website:

[www.larcnudists.com](http://www.larcnudists.com)

true. They wouldn't make this stuff up! All three band members have great singing voices; consequently their music is highlighted by some amazing vocal harmonies. Their play list includes covers of The Eagles, Rod Stewart, Rolling Stones and other 60's, 70's and 80's pop. You are going to be knocked out by their performances of some of your favorite Beatles tunes. This is a working band. They don't have day jobs. They are full time professional musicians working four or five nights a week. The evening of our festival, after playing for us, they have a gig at the Nooksack Casino. You can find their web site at <http://thepopoffs.com>.

The second band, *The Motown Cruisers*, is scheduled to hit the stage at 4:00. For those of you who caught this act at last year's festival, you know what a great show these guys put on. The Cruisers absolutely wowed the crowd with their covers of the great hits from the Motown R&B genre. This band had a great time performing for us last year and was thrilled to be asked back for an encore performance. We are just as thrilled to have them return. Their play list is comprised of universally loved songs by, Marvin Gaye, Otis Redding, Wilson Pickett, The Four Tops, Al Green and The Temptations. Check out their web site at <http://www.motowncruisers.com>

Our host band *Miles From Chicago* is scheduled for 7:00. It wouldn't be a LARC Music Festival without MFC working their soulful, rocking magic on us as the day turns to night and things start to get just a little crazy. Mark Bushbeck fronts this awesome polished band that simply gets better every year. To give you some idea how popular and in demand this band is; our festival will be the 6<sup>th</sup> performance in 7 days for Mark and the band. The music performed by Miles From Chicago is a mix of R&B, swing, blues, soul and rock classics. The web site address for Miles is <http://www.milesfromchicago.com>.

Remember there will be food for sale from the grill and beverages for sale from the bar. There will also be a pre-festival party Friday night at 7:00 outside the tent (warning: this is where we find out how you want to help on Sat).

—Tom