



# LARC

## NUDE VIEWPOINT



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Lake Associates Recreation Club

April-May 2009

AFFILIATED WITH THE AMERICAN ASSOCIATION FOR NUDE RECREATION, IT'S NORTHWEST REGION, AND THE INTERNATIONAL NATURIST FEDERATION – PARTICIPATING WITH THE NATURIST SOCIETY. LAKE MCMURRAY RECREATIONAL RESORT – HOME OF LARC

Phone: (360) 445-6833

WEB SITE: [www.larcnudists.com](http://www.larcnudists.com)

editor: Jay Gearon

### LARC BOARD MEMBERS

President	Alice Anderson
1st Vice President	Phillip Camire
2nd Vice President	Tom Barrett
3rd Vice President	Rod Shuter
Certifying Officer	Astrid King
Secretary	Tammy Scott
Treasurer	Margaret Adamson
1st Alternate	Steve Thurber
2nd Alternate	Gary Young

### BIG BIG SUMMER SEASON PLANNED

If you thought the Mardi-Gras Dance (March 28) was something special, wait 'til you see what Big Big Activities our Board has planned for this summer season!

As you know, LARC is known for its activity calendar, and this year, we uphold the tradition.

Of course, there will be a Karaoke scheduled about once per month, and several dances, with themes such as “Flower Power (May 9<sup>th</sup>)” for those LARC members who are nostalgic for the 60’s and 70’s.

We have loaded up our traditional “Rain Dance Weekend” (so called because traditionally it rains) with a game night, a Karaoke, Wine and Cheese Potluck, Bingo, Breakfast, Horseshoes, and a Movie. All surrounding a Beautification Day Activity which gives our members an opportunity to disprove the old adage that there is no such thing as a free lunch (see p. 3).

And our PEAK of the season month of July, where we will have our Bare Images Art Show, July 10-12, which is featuring a Life Drawing/Painting activity that is drawing a bigger crowd every year. If you want to help out with this event, see Gary Y.

We will also witness the Critical Massive Alternative Music-Arts Festival, held on our grounds in mid-July again this year. This is not a club activity, but we get to experience the “vibe” that is a most unique event. The group (associated with Burning Man in Nevada), comes in, sets up, Celebrates their own form of artistic freedom (think drums and fire), and then takes it all down and leaves the park exactly as they found it (a tradition at Burning Man).

Not to be outdone, LARC then puts on its own music festival: “Rock’n the Park. Tom B. and Denise P. are busy putting this event together for July 25, and you may contact either of them to learn more or to become more involved. The featured band this year will be the Motown Cruisers, the most popular band we have had in quite awhile.

Coming up to LARC is a very exciting low-cost summer experience—make it a vacation, or as they say “NAKATION!”

### EASTER BUNNY VISITS



...YOU CAN TELL HIM BY THE **BIG EARS!**

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### MEMBER'S BIRTHDAYS

**APRIL: 4** Dan B., **4** Cheryl S.,  
**17** Nancy S., **18** Claudia L., **26** Linda L.,  
**28** Gary P., **30** Peri W.

**MAY: 10** Patsy A., **11** Benjamin W.  
**18** Tom B., **19** Robert G., **21** Gary P.  
**29** Tina S.

**JUNE: 1** Jay G., **1** Craig P.,  
**7** Christy M., **22** Angus V.,  
**24** Daleen G., **27** Lang S.,  
**30** Steve L.

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### Highlights of Upcoming Events

—See our Web site for a complete list

#### Upcoming Events in May:

**9** Board Meeting, 10AM, tent  
"Flower Power" Dance 8PM

**16** Movie Night

**22-24** "Rain Dance Weekend"

Wine and Cheese Potluck  
Karaoke  
Breakfast, Bingo  
Horseshoes  
Movie

(see schedule on white board)

#### Upcoming Events in June:

**6** "Red Hat" Meeting, 2PM, tent  
All women welcome, bring snack or  
desert  
Potluck, 8PM, tent  
Campfire after potluck

**13** Board Meeting, 10AM, tent  
Dance 8PM

#### To all our members and guests:

We are an all-volunteer group. Please keep this in mind when using the facilities. If you do not know where the cleaning supplies are stored, please ask.!

## From the Editor's Chair-



As nudists we have a special relationship with water. We sometimes call ourselves "skinny dippers" because for many of us, the first positive nudist experience, and the one that seems most "appropriate," even to outsiders is swimming. The very name of our club—Lake Associates—is associated with water, and what we do in and around bodies of water (which is the most common locale for "sunbathing").

Does the natural feeling of being nude in water go back to our experience of being in the womb? I'll leave it to the shrinks among us to grapple with that one.

In the interest of full disclosure, let me confess that I do love being in water.

But there comes a time when enough is enough! Several of us, including yours truly, are grappling with more than just the theory of water: we are experiencing leaks in our RV's, which bring water into our lives IN-appropriately! We have ritualistically placed buckets and tubs around us to catch those unwanted drips. Personally, I have drips and streams coming at me from all directions: the roof and through the walls.

Seems like I cannot escape!

Now, I don't want to jump to any conclusions, or take things too personally, but the drips *are* concentrated above MY chair, and next to MY side of the bed.

So where can I go?

I am reminded that there are also leaks at my office in Monroe. I can't even get away from this curse by going to work! Water has been apparently running into the exterior wall for several years, and building up the usual mold (just like in the RV!). The repair process like with RV's seems to go on and on; you may stop the water in one place, and here it is coming in from someplace else.

As I observe the open walls with the black colored insulation protruding unnaturally out into the work/living space, I am reminded of how our nudist lifestyle makes us aware of how we are all the same—equally vulnerable in our skins. Or is it that we are all "in the same boat" surrounded by a water hazard?

Now I have been told that my sleep apnea mask (picture Darth Vader) also leaks (yes, there's water in the humidifier reservoir).

For those unfamiliar with this contraption, it is much like a bra for the face, complete with uncomfortable straps! I know I shouldn't make fun of bras: they have been so instrumental over the years, in convincing many women to join us in our lifestyle of freedom from clothes.

So again, I ask, where does one go to hide from all of this?

Some of you apparently have an answer. I've seen you out there, hiding in your RV, under tarps, held down with rope and duct tape. This is where we all wait patiently for the sunny season ahead, which we have faith will arrive any time now. And when it does, we can all join together and sing the words to that song I sang at a recent Karaoke: "Hey wait a minute, it's stopped raining; guys are swimming, guys are sailing, Mudda Fadda kindly disregard this letta"

—Jay Gearon

# Pause For Thought:

“The smallest good deed is better than the grandest good intention.”

I recently was working on the flower bed at the Club entrance and was asked “Why do you spend your money and do what you do around the Park?” My first reaction was “Why Not,” and then I took the time to think it through. Every organization we have belonged to relies on volunteers and donations, and this Club is no different. I do the LARC flower bed down front because it’s a first impression for those who drive by or in, and it makes me feel good to see flowers blooming and it contributes to the Club in a small way. Ann and her Garden Club have done wonders with the front flower bed by the Office and it makes me feel welcomed when I drive in, as I hope the LARC flower bed does to others. Each task we take on hopefully helps to maintain and improve the wonderful place we all love to be – LARC. Don’t forget to mark May 23<sup>rd</sup> on your calendars. It’s LARC Beautification Day. Check in at our Lot – B6, volunteer for a chore and have fun working with others. I provide lunch afterwards at the tent. —Margaret A.



## A HERO RETURNS:

—Jack Brings Back the Gold!

On January 31, 2009, the 2nd annual Au Natural Games were held at Sandpipers Resort in Edinburg, Texas. Jack, and Cassandra, our own designated Winter Texans, and many others from Natures Resort, participated in the games.



Jack had a great day, and exemplified mastery of his water volleyball skills and was as dynamic as one can be in the water polo pool. Jack’s Olympic efforts and brilliant play helped bring his team to a 1st Place Gold Medal Victory!

—Cassandra

## P.U.P.P.Y.—Pick Up Puppy Poo Yourself

This is for those who have kids who walk on all fours;  
Who pant, bark, or howl, and paw at the door;  
Who look up at you when they want to go for a walk;  
Through our park and our woods, just to hear nature talk;  
When I’ve been on my walks with my puppy Jobu;  
I’ve seen poo that wasn’t left by a bear, coyote or raccoon;  
I do realize there are those poos that do come from the wild;  
But I also know there are those who don’t pick up after their child;  
Now there is really no need for you to stand up and confess;  
Just please be respectful and clean up your kids’ mess.  
Oh, I almost forgot, there is one more rule;  
And yes, this is still for those whose kid may bark or may drool,  
When they’re out of the house, they need to be on a leash;  
Do ye all understand, yo’ comprende...do you capeesh?

—Peri

## UNIQUE PARK MODEL FOR SALE AT LARC

A great view of the front lawn  
...and wild life!

Inside there is 400 square feet of living area

Outside a 400 square foot deck. With a summer time cabana.

A cottage like storage shed ( 12x10 )  
(Keep the golf cart dry).

Complete with 5600 watt Generator  
Furnished or Unfurnished

Come and talk to Tina and Rod  
Site A5 or call ( 360 ) 445- 3090



# The *largest* Skinny-Dip ever, across North America!

(A Guinness World Record Sanctioned Challenge)

AANR is about to embark on what may be the most extensive public relations and marketing effort in our history, and we need your support and cooperation.



One of the target groups of AANR's 2009 Marketing Plan was the public at large with an interest in outdoor recreation. To reach this segment, we need a major "awareness" program followed by a membership promotion. This Guinness World Record was the concept of Randy Savage, an AANR Marketing Consultant and member of the AANR Marketing Team. Thanks to his persistent effort, Guinness has agreed to create a new category for the largest number of people simultaneously skinny~dipping. AANR is the contract association for this record event.

AANR plans to coordinate skinny~dipping events at participating clubs and legally sanctioned nude beaches throughout North America on Saturday 11 July 2009 at 3:00 pm Eastern Nudist Time, to coordinate with Nude Recreation Week.

The media pitch will focus the attention of the world on the joys of wholesome, happy skinny~ dipping as an American tradition proudly supported by AANR and recognized by the Guinness World Records company. This collaboration with Guinness provides AANR additional credibility in the realm of nude recreation. AANR will prepare news releases in conjunction with YPartnership, our professional Public Relations firm. We will also have "template releases" available for club use.

Publicity, both prior to and during the event, will draw people to the participating clubs and beaches, and enable clubs to increase their membership by enrolling new members. Participation will also provide a fun filled event for club members –adding to your club's summer activities' schedule



This event will help unite AANR members and skinny~dippers into one big community across North America.

AANR will need to bring together the energy and cooperation of our regions and clubs to make this event the success it can be. On the evening of 9 April, we had a teleconference with all seven regional presidents and several regional PR chairs. They were all enthusiastic, agreeing that it is "exciting", a "great opportunity", that there is a "high potential for great turnout", and "fantastic." Your AANR Public Relations and Marketing Team agree. Now, we must get the word about this project to the clubs and explain the benefits

to your participation. Clubs that choose to participate by hosting a skinny~dipping event on 11 July 2009 need to register with AANR by 11 May 2009. That gives all of us two months to prepare and promote this record~breaking event.

This project will involve considerable effort and coordination, but the potential benefits to clubs and to AANR are enormous. This is a short time frame –but we can do this together with great project support from AANR.

AANR will provide all possible resources to help the clubs carry out this event. An Event Organizing Manual will be provided to participating clubs to help plan and manage the events at various clubs. The Manual will also help non-landed clubs to plan and manage events at health spas, legally sanctioned beaches, hot springs, or other locations available for simultaneous skinny~dipping. We are preparing a FAQ sheet in response to your questions. Nanette Wickersham, membership2@aanr.com, will be the AANR Staff Event Contact. Each region will probably want to have an event coordinator as well as club event directors. Each club and beach event will require a notary to attest to the number of people involved.

This is going to be a win/win event. It will provide each club with a fantastic summer activity, publicity in the local community and many potential members and guests. It should be a media windfall. We will accomplish something never done before; we will establish a Guinness World Record and it is going to be FUN for all participants!

