

# LARC

## NUDE VIEWPOINT



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Lake Associates Recreation Club

AUGUST-SEPT 2009

AFFILIATED WITH THE AMERICAN ASSOCIATION FOR NUDE RECREATION, IT'S NORTHWEST REGION, AND THE INTERNATIONAL NATURIST FEDERATION – PARTICIPATING WITH THE NATURIST SOCIETY. LAKE MCMURRAY RECREATIONAL RESORT – HOME OF LARC

Phone: (360) 445-6833

WEB SITE: [www.larcnudists.com](http://www.larcnudists.com)

editor: Jay Gearon

### LARC BOARD MEMBERS

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### PRESIDENT'S MESSAGE:

#### Friendship, Family and Fun

**Friend 1.** A person whom one knows, likes, and trusts. **2.** A person whom one knows; an acquaintance. **3.** A person with whom one is allied in a struggle or cause; a comrade. **4.** One who supports, sympathizes with, or patronizes a group, cause, or movement. **5.** A member of LARC



**Family 1.a.** A fundamental social group in society typically consisting of parents and their offspring. **b.** Two or more people who share goals and values, have commitments to one another, and reside usually in the same place. **2.** All the members of a household under one roof. **3.** A group of persons sharing common ancestry. **4.** Lineage, esp. distinguished lineage. **5.** A locally independent organized crime unit. **6.a.** A group of like things; a class. **b.** a group of individuals derived from a common stock. **7.** A member of LARC.

**Fun 1.** A source of enjoyment, amusement, or pleasure. **2.** Enjoyment; amusement. **3.** Playful, often noisy activity. **4.** To behave playfully; joke. **5.** Enjoyable; amusing; a fun day. **6.** A day spent with friends and family at LARC.



All the above definitions are from the American Heritage College Dictionary. Mostly. I have experienced all of them here at LARC every year. I hope I have the opportunity to spend many more years at LARC having fun.

—Alice Anderson



### LARC'S BIRTHDAY WEEKEND SEPT 4-7

(Some still call it Labor day)

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### MEMBER'S BIRTHDAYS

**AUG:** 3 Don K., 4 Shawn W., 8 Waldo C.,  
9 Monika H., 9 Lia N., 11 Michael G.,  
12, Mike S., 17 Ann C., 20 Betty S.,  
22 David D., 26 Peter G.

**SEPTEMBER:** 3 Jerry A.,  
6 Don K., 8 Wendy W., 10 Jerry S.,  
10 Judy T., 14 Ian H., 14 Lucy M.,  
16 Renee W., 17 Steve T., 19 Astrid K.,  
19 Dennis T., 22 Margit M., 22 Robert L.,  
23 Jack B., 27 John H.

**OCTOBER:** 1 Jean H., 2 Dave B.,  
4 Eilene Y., 6 David K., 16 Gerald W.,  
17 Pamela B., 25 Dianne K.,  
28 Glenn Y.

### Highlights of Upcoming Events

—See our Web site for a complete list

#### September-

#### 4-7- LARC'S BIRTHDAY WEEKEND

**Friday** - wine & cheese "potluck" and games 7pm

**Saturday** - Golf 10am, grill open 1pm, horse-shoes 2pm, theme dance 7:30

" Party hats and Birthday Suits"

**Sunday** - chili cook-off noon with Birthday cake to follow. Bring side dishes such as corn bread, salads, different flavored ice cream or other stuff to go with our cake

Movie 8pm

**Monday** - "R & R"

#### 13- General Membership Meeting

to elect New Board Members

**Reminder—It's never too early to start Preparations for the gala Halloween Party in October!!**

## From the Editor's Chair-



How does one define a generation?

I for one am tired of hearing the many generalizations made about the "Baby Boomers." It is so clear, especially after watching our political debates, that "we" are not simply a category of single-minded souls all going in one direction. Or even two (as in the "red" states, and the "blue" states).

It may be more appropriate to define us by our fears.

Beyond that, I have noticed that from time to time, a bunch of us can indeed all get together in a unified whole, setting aside our differences, and appear to be monolithic. And sure enough, when that happens, someone will want to put a label on us and call us a collective "something".

It took me a long time to become comfortable with the label "nudist."

Labels are appropriate as long as people want to identify with them. I am a "nudist" if by that you mean free to choose to wear clothing, or not.

Much of the time I prefer not to, but my bare skin is not a badge!

One such phenomenon began 40 years ago this month, when a certain Concert celebrating "Peace, Love, and Music" *Happened* on some farmland in upstate New York.

And it was a "happening"!

But right away some began to describe the "Woodstock Generation" as if there were something about the event that we all subscribed to, or could be defined by.

There were some striking things about Woodstock that made the event unique. And I'm not talking about the nudity!

It stood in stark contrast to the time in which it took place. The 60's were a period of contrasts and conflicts. There was the war in Viet Nam; As well as the anti-war movement. There were the Assassinations of two Kennedy brothers, one of whom happened to be president of the United States. There was the Assassination of Martin Luther King, Jr. There was the violence of the 1968 Democratic Convention, and (after Woodstock) Kent state.

In contrast to all of this, Woodstock was about "Peace, Love, and Music." There was no violence.

But how can this one event define a generation?

Half a million people converged on this farm in New York. The promoters had expected about 80,000 people. The Plans for Food and Sanitation, as well as the roads in and out, could not accommodate the crowd. Yet the crowd did not riot; they were peaceful! Somehow, it all came together.

The crowd practiced tolerance, as well as the slogans. "Peace, Love, and Music."

You did not have to be there, to appreciate the *happening*.

It is said that only half a million people were there, but 10's of millions have seen the movie and wish they had been there.

I wasn't there. As most of you know, my life after high school was one of being cloistered in a religious cult. I was probably one of those, living the kind of life, which the "hippies" had rejected.

And even when I saw the movie, I did not wish that I had been there, but I felt connected to the feelings of the moment..

The significance of Woodstock is not universally felt by whatever you want to call my generation.

One wise observer was quoted as saying that it wasn't a generation-defining moment, but it was simply a *moment*: a point in time.

We have had a taste of this here at LARC this summer. The Critical Massive folks were here to celebrate their brand of Peace, Love, Music and Art. And they left, after their "moment," without marring the landscape. The only mark they made was in our appreciation for who they are.

The Rock n the Park Concert took place, and left warm feelings in many of us.

2 Peace, Love, and Music happens!

—Jay Gearon

## LARC Rocks!

Come rain, shine, or whatever else nature chooses to throw at us LARCers, we once again prove to be a resilient tribe that definitely knows how to have a outrageously good time. This year's Rockin' The Park is the perfect example of this stamina and fortitude. With the sun and heat blazing, Saturday's concert started off with a lively group of youthful musicians new to LARC named Rock Candy. The crowd, filled with pent-up energy, instantly blasted into dancing on the lawn to the great sounds that this band was pumping out. It was this band's energy that set the stage for an excellent party the rest of the day.

After a much needed shade break and cool down, The Popoffs were next to take the stage. This band made their first appearance at LARC last year and were a hit. They are definitely well accomplished and talented musicians. The array of music they were able to put out with only three band members was amazing. Several songs that really spoke to their musical abilities was their rendition of Queen's Bohemian Rhapsody with the vocals of all three band members being more than superb, Santana's Evil Ways with CC, one of the band members, doing double duty on guitar and keyboard at the same time, and then a rockin' closing of their gig with the always LARC favorite Twist and Shout by the Beatles. This once again brought the crowd out onto the lawn amidst the blaze of heat and humidity to shake their bare booty's one more time.

Then the clouds of darkness moved in with a downpour of warm rain reminiscent of the famous Woodstock while the next band, Midlife Crisis, was setting up. With a few sound and power difficulties out of the way, this 10-member band of an age group that reflects their name, launched into a music set that exemplified well-heeled musical prowess with solid renditions of crowd favorites by Chicago and Tower of Power among many others. The sound of a powerful brass horn section intermingle with the velvety sounds of guitars and keyboards brought a nice change of pace to the hard rock flavor up to that point. It was a perfect time for everybody to relax and enjoy this great music, eat and drink a little more, and get ready for the long awaited finale... The Motown Cruisers!

While the three bands up to this point were outstanding musicians and played some great music, they all seemed to miss the unique and intimate ability to connect with all the LARCers in the same way the Motown Cruisers always seem to have the ability to do. With the crowd on their feet in anticipation of some great music and more than ready to shake their booty's once again... even after being beaten down by the sun and soaked by rain, The Cruisers were a crowd hit and these guys ROCKED! They not only played many of the fantastic musical hits from the Motown golden era, including some fabulous vocals of songs from the Jackson 5's early years, but they even segued a musical gamut of many more crowd favorites from disco to soulful to outright get down and boogie tunes. The Motown Cruisers put on a fantastic show and were, once again, the crowd favorite. Their set was a great way to end the 2009 Rockin' The Park event. All those volunteers who had a part in bringing this event to LARC this year are to be commended for their hard work and dedication to making this year's Rockin' The Park a crowd pleasing, fun and successful event.

—Cassandra

## A MASSIVE EVENT

As I sit this early morning listening to the birds and squirrels chirping, it is hard to believe a week ago LARC was filled with over 700 people. I must say that again – over SEVEN HUNDRED PEOPLE!!! This year's Critical Massive was the best yet. We made so many new friends and were welcomed with hugs and fond memories from others who remembered us from two years ago. The whole experience was incredible. They were well organized, friendly, creative, and just a whole lot of fun.

There were classes of all kinds that we could attend from ribbon jewelry making, tea tasting, felting to lantern making, interactive art, a talent show and so much more. Every "Camp" had different and unique themes. There was a giant, and I mean, giant, birthday cake constructed over a motor home bus, a star wars dome, lots and lots of colorful tents and structures. They even had a van with their own printing press to print a newsletter!!!

Their were theme days like Cowboy Tuesday and Tutu Wednesday and each day they all would dress up in that theme. Of course, us Larcsters pulled out our costumes from storage and joined right in. We decorated ourselves, and our golf carts, and had a ball.

There was a lot of jesting and plotting among us to see who could be the proud bearer of the Critical Massive necklace, that of which you would only receive if you had paid the admission fee to attend.

The event ended with their traditional burning ceremony. This year a totem pole was created out of five steel burn barrels stacked on top of each other creating a totem structure.

I can say without a doubt that we all had a great time and hope they will return and share themselves, their talent and creativeness with us again.

—Margaret

*Editor's note: I would rather be at LARC that week, with the water back ups from 700 people, than be in the Space Station where the toilet backed up during that same time, with just a few humans on board. —JG*

**Please turn off your water at the in-ground spigot before you leave your site.**

When the state gives us our water rights (which won't happen for possibly 6-12 months) there is no limit on the amount of water we can pump. Until then, we have to report daily water usage and have a limit as to what we can pump.

Please help conserve. Thanks

—Mike and Astrid

## Why We Feed The Birds

To some, bird feeding might seem like an absurd waste of time, money and energy. From a practical standpoint our passion for birds seems a bit silly but to us the value of these birds and their beauty are priceless and pure *entertainment*.

How can you compare the price of a 10lb bag of thistle to the outstanding beauty of the yellow goldfinch? We watch every year for their arrival and with it we know that summer has finally come to the Pacific Northwest!! Their color is vivid and the purest yellow you will ever see. They are quite, unassuming birds that are a delight to watch.

Unlike the Jays, which are in a category all their own. You either "like 'em" or "dislike 'em". They are aggressive, full of tricks and mimicry. Jay's have a well deserved reputation as bullies. They are notorious for chasing other birds from feeders and gobbling up feed as much as they can hold. Looking past all of that, they are still very beautiful in their color.

Mid summer the fan tailed pigeons arrive. They are huge, even as babies, and are very awkward but extremely fun to watch. They always send one look out bird in to scan the area and he looks around bobbing his head here and there and then all of a sudden twelve to thirty or more will arrive. They all try to fit onto one bird feeder and eventually all you will see is a squirming mass of birds trying to keep their footing. Make one little bit of noise and the whole flock flies off with a loud whoosh of wings.

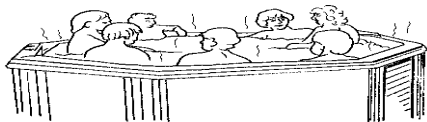
We have identified over thirty varieties of birds. Pileated woodpeckers, northern flickers, grosbeaks, towhees and juncos are just a few. Early mornings on the patio with a good cup of coffee and my bird friends is the best way to start the day. Their beauty enriches our lives and our garden. Lounge in your favorite chair and enjoy the endless beauty that surrounds us here on our beautiful grounds at LARC.

—Margaret



### Special "Big Number" Report:

**World Record Skinny Dip, July 11, 2009: 13,648+ Dippers!**



**A record sure to be broken next year!**

September 13, 2009

## General Membership Meeting

Potluck 12:30 PM

Meeting 1:30 PM

*The order of business at the September meeting shall include the nomination and election of Officers to fill those positions left by expiring terms of office on The Board and the nomination and election of Alternate Directors. Officers shall serve a term of two years. Alternate Directors shall serve a term of one year.*

Nominations to fill expiring terms of office on The Board shall be made from the floor of the election meeting by the Nomination Committee and/or by any member. The balloting shall be by secret ballot.

The candidates for positions as Directors receiving the greatest number of votes shall be declared as elected, and shall be installed as the last order of business before adjournment of the September General Membership meeting.

**Nominations will be accepted for the following positions: President, Second Vice President, Secretary, and First and Second Alternate**

## AANR-NW CONVENTION 2010

The dates for the AANR-NW convention are set for July 1-4, 2010, with the theme "LARC-OLYMPICS," of course we are the hosts.

At this point we intend to start every day of the Convention with a parade around the grounds, all with a Greek theme that will be different each day. Everyone is invited to participate in all of the parades with costumes, balloons, musical instruments and decorations.

We have planned a variety of things to do during the daytime for those people who are not involved in the business meeting of the AANR-NW. We haven't forgotten the sports enthusiasts in our region. There will be volleyball, shuffleboard and horseshoe tournaments guaranteed and anything else we can get enough people together to play, not to mention some Greek/Roman themed games.

For the evening entertainment we will have a night with a live band, a Karaoke night and a costume dance where you can dress up as your favorite Emperor or queen of the Nile.

The Red-Hat chapter "Ladies on a LARC" will be making up goody bags and toga's. Any Ladies that haven't joined please see Linda or Mary if you would like to join.

As always the LARC Cafe will be serving meals. Hours and prices will be posted by June.

Septembers general membership meeting will be your chance to sign up for a chairmanship or volunteer for one for the many groups we will be needing for making LARC'S convention the best of the new millennium. We will try and set up some seminars/ classes during convention. If your are willing to do one or know someone willing to come and do one please contact me or Betty Smith at the September meeting.

—Steve Litch