



LARC

NUDE VIEWPOINT



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Lake Associates Recreation Club

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AFFILIATED WITH THE AMERICAN ASSOCIATION FOR NUDE RECREATION, IT'S NORTHWEST REGION, AND THE INTERNATIONAL NATURIST FEDERATION – PARTICIPATING WITH THE NATURIST SOCIETY. LAKE MCMURRAY RECREATIONAL RESORT – HOME OF LARC

Phone: (360) 445-6833

WEB SITE: www.larcnudists.com

editor: Jay Gearon

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Presidents Message

Happy New Year/Nude Year to all of you, and my sincere wish for a Healthy and Happy 2010.

Since becoming your LARC President, several members have asked me what my vision is for LARC. Having never been in a position like this before, I was not really sure what that meant. As most of you know, I am more of a “get ’er done “ type of guy and never really considered myself the visionary type. Fortunately for me, living here at LARC and surrounded every day by the awesome landscape and the infinite beauty of the park, has given me the perfect opportunity to sit back and really contemplate what I would like to see happen here at LARC in the next few years, hence my *vision*. BAM! Now I know what vision means, learning is always a good thing isn't it! OK, here it is: my vision for LARC is simple--to have **FUN**. Our name even says it, Lake Associates Recreation Club with *recreation* being the key word. So let's recreate and have fun.

Many of you come to LARC on the weekends to unwind from the textile world and the stressful hustle bustle of work. You need to relax and LARC provides the perfect place to do just that. When you are surrounded by this wondrous of nature and beauty, enjoying the company of like minded people, having some good old fashion fun, your batteries will definitely be re-charged. It is probably the healthiest thing you can do for yourself. So I really want to bump up the variety of weekend LARC activities for all of you to participate in. I have asked our Activities Director, Cassandra, to really be creative and put together a line up of fun and easy things to do not only in the evenings, like dances and karaoke, but also in the mornings and afternoons.

How much of this you want to participate in is up to you, but the bottom line is we will have fun and easy social things to do. If you have some ideas for fun things to do, email me or Cassandra and give us your thoughts, your input is important and appreciated. By the end of March, when the tent goes back up and

CELEBRATE ST. PATRICK

**WEAR YOUR 'LUCKY'
GREEN BEADS
TO THE LARC
MARDI-GRAS DANCE
MARCH 27, 7:00 PM**



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MEMBER'S BIRTHDAYS

MARCH: 1, Lloyd A. , **1,** Tim H., **2,** Tom S.
9, Elizabeth Y., **10** Glenna M., **25** , Julie I.,
25, Donna S., **31,** Shawn W.

APRIL: 4, Dan B., **4,** Cheryl S.,
17, Nancy S., **18,** Claudia L.,
26, Linda L., **28,** Gary P., **30,** Peri W.

MAY: 8, Michael C., **11,** Benjamin W.,
18, Tom B., **19,** Robert G., **21,** Gary Y.
28, Bill F.



A very important **GENERAL MEMBERSHIP MEETING**

March 28, 1:30 PM

*We will be voting on some bylaw changes
So we will need a quorum of at least
70 members present..*

*As a warm up to the above—
And a necessary one it is!*

On MARCH 27,

**WE WILL RESURRECT THE TENT
AND HAVE A LUNCH**

But that's not all folks!

We will be setting up for our annual

MARDI-GRAS DANCE

With music provided by Steve T, DJ

(see p.4)

And like they say on T.V.—

But wait—THERE'S MORE!!

OUR FAMOUS POT LUCK LUNCH

AT 12:30 PRIOR TO THE

BOARD MEETING;

HOW CAN YOU RESIST??

From the Editor's Chair—



If you are going to practice an unconventional or unpopular lifestyle, with safety, it will take some effort. You'll need to support what you believe in.

Support does not necessarily mean Large Donations to a cause, but may be in the form of letters (now blogs) to publications, or government officials. It may take the form of prayer. Maybe a donation or two, and yes, from time to time, you may even need to stick your neck out.

One example of sticking out your neck, as well as other body parts, is The WNBR—World Naked Bike Ride, which has its roots in Zaragoza Spain where the first ride took place in 2001, with similar upstart manifestations in London, Vancouver, B.C, and Chicago.

In fact WNBR is such a loosely connected network of upstart manifestations, it took several years before some of the "rides" knew that there were others doing much the same thing elsewhere.

It is a not-very-formal or formulated grass-roots network of believers in simplicity and non-polluting forms of agriculture, transportation, clothing, and living: "Bare Necessities" could be their theme song, if they saw a need for one. They are not interested in being classified as a movement, but they are in motion. They are not supporters of hierarchies, so they are not inclined to create one for themselves.

I base these conclusions on a conversation I had with Dan Johnson, a point-man for the group's Seattle group/activities, though Dan was quick to point out that they are not alone, even in their Seattle manifestation. There is a loose affiliation with other groups, such as the Body Pride people, Hemp Ride people, Night Ride people, Clothing Optional Beach supporters, Critical Massive-Seattle, and his other personal involvement: the Body Freedom Collaborative..

Dan's involvement began through his interest in the Nudity on Public Lands issues as raised by the Naturist Society. He believes in the slogan "Body Acceptance is the Idea, Nude Recreation is the Way". However, he is not much into Passive Social Nudism--as in lying around on our famous sunning lawn, or a passive approach to much of anything else! The idea of "Moving the Issue Forward" is what gets his juices flowing.

As in Politics, Social Change is scary to those who are comfortable with the status quo. As you might imagine, those who are afraid of change will attempt to stop, or at least slow down, someone like Dan. The lack of global organization is the irony in this, but "Organization" may just be a matter of time. So opposition rises up! You may have heard as I did, news reports about charges being filed (symbolically, on Christmas Day) for the Gross Misdemeanor of Public Lewdness and Indecent Exposure. This was based on a Nude Bike Ride last summer in West Seattle in the vicinity of Lincoln Park.

Based on my experience in such matters, I know the police and/or city officials do not act unless there is a complaint from an angry citizen. In this case the complaints were not from people who were confronted with the bike riders' nudity, since the crowd along the

—See Editor's, p.4

President's (cont. from page 1)

our season begins, lots of fun stuff should all be in place and scheduled. Of course there is always room for more and we will do our best to include as many fun things as possible as the season progresses. It is going to be a fun season, I can feel it already and I am excited and I want you to be excited too!

Remember, March is already here, so get yourself ready for lots of FUN this coming season at LARC.

—Keith



LADIES on a LARC, Red Hat Society

(report of January meeting)

About a dozen ladies enjoyed Betty S.' hospitality and the camaraderie of fellow **Red Hat Society** members, **Ladies on a LARC** chapter, on January 16th. Tea and coffee was served in exquisite porcelain cups and was accompanied by home made cookies, coffeecake and chocolate bundt cake. Yes, chocolate is GOOD for you, because it contains needed antioxidants!

Several members sported purple socks, shirts or sweaters and **red hats**. Pink hats with lavender clothing was the appropriate attire for ones who were "too young" to be full Red Hat members, however Tammy and Dee, who will celebrate the appropriate birthday "graduated" to full Red Hat status. They donned elaborate red hats and forfeited pink hats in a special "ceremony".

Without formal organization, rules and officers, the meeting functioned smoothly with plans for upcoming activities. These included a wine-cheese tour at 3 local wineries in February, commitment to prepare and serve appetizers and beverages at the ANNR-NW convention VIP reception in July and workparties to fill and make goodies for the Welcome Bags at the convention.

Toward the end of the meeting, someone realized that a few members did not know everyone well, so we went around the room, introducing ourselves, saying how long we've been LARC members, and something about our families, vocations, hobbies and any significant details that one wanted to share. It was a warm, welcoming and slightly wacky group of ladies, in the guise of a genteel tea party. Thanks to all who attended and participated enthusiastically.

— Pamela B.

LADIES ON A LARC WINE TOUR

LADIES ON A LARC did it again! A tour bus was arranged for February 6th, and the scheduled tour was local Wineries: Carpenters Creek, in Mt. Vernon, Pasek Cellars in Conway, and Dusty Cellars on Camano Island.

Of Course, this was no normal tour bus; Most of it's life had been spent as a "Party Bus," complete with tinted windows, and with all of the seats facing inward, so conversation was encouraged to include everyone.

As with many of the LOAL events, men were invited, but it was not exactly a diabetic-friendly event--wine tasting and chocolate tasting were the central attractions, so your editor politely declined to attend.

But attendance was sufficient to fill the bus, with Mike K. and Astrid, Mike S. and Betty, Steve L. and Linda, Bob and Patti, Jerry and Margaret, Gary and Denise, and Joleen and Mary >. Gary P. was the designated driver, having arranged for the bus.

First stop: Camano Island's small Dusty Cellars which wasn't used to having a bus full of people pull up! It is run by a couple who started the winery as a hobby, along with the making of truffles; Oh My, this was our lucky day! They were very generous with both, and being a novice, I learned some things about wine. For one thing it is, though often associated with social occasions, a very individual experience. Next we went to Pasek Cellars, where it is all about the fruit of the vine, bush, or tree: berries mostly, which are shown on the label. I was surprised to find that some were too sweet for me, but then there was more yummy chocolate!

Next we visited Carpenter's Creek, where we were treated to more varieties of wine and more chocolate (it got a bit blurry at this point). Linda even found a white wine that she liked! There was some agitation to stop by Paul's place in Mt. Vernon, since we were "in the neighborhood." He was very polite, but did not eagerly invite a busload of slightly tipsy, outgoing gregarious nudists into his personal space.

It was a delightful and fun day, we laughed a lot, and are looking forward to the next tour (Suggestions eagerly solicited).

—Joleen and Linda L.

FIFTH WHEEL TRAILER FOR SALE



2006 Montana, 35', 4 slides, A/C, Microwave, Lots of Cupboards and Storage. Contact Alice (360) 420-2037, freein1derland2007@yahoo.com

CONGRATULATIONS TO AANR!

All efforts put into making the World Record Skinny Dip such a success, have been recognized and are going to be honored by the Hospitality Sales & Marketing Association International (HSMIA) with a Silver Bell Award. HSMIA is a global organization of sales and marketing professionals representing all segments of the hospitality industry, and their awards for outstanding publicity are comparable to Oscar awards.

Your Association is a major winner, thanks to the hard work of all of you and your volunteers and assistants .

NEWS OR NO NEWS;

IT'S THE THOUGHT THAT COUNTS

The term newsletter suggests that everything included must be news. Well it is not only about news. Our newsletter is a way for members to share and communicate with each other. Both Keith and Jay want to encourage each of you to start contributing articles to this publication. It can be anything you think would be of interest, enjoyment or benefit to members. Be creative and think outside the box. Successful newsletter type publications are a direct result of the contributors who make it a lot easier on the editor. You have heard Jay ask for contributions in the past, here is your opportunity. If you have an idea but not sure about it, ask us... we can help and don't mind doing it. Please send your ready to go articles to Jay at email address --> jayjoleen@yahoo.com. Ok... Go For It!

Editor's from p. 2-

way was cheering as if a very popular political figure was riding by.

Whoever the "complainer" was, he or she was apparently not willing to go against the popular will, and was not willing to testify in court. The real "complaint" may have been a presumption, given the fact that there is no ordinance against nudity per se, in Seattle, so within a month, the charges were dropped. (Cynics might say, that once the November elections were over...). No public figure wants to alienate the real or imagined ultra-right backlash! This is another example of FEAR as the BIG factor driving these judicial issues.

So what does this all have to do with those of us who practice nudism behind the privacy of our imposing front gate? Well, if you look at our National Association's history, you will see that gates don't always stop those who are afraid of what we do. The fear is that what we do, and what Dan Johnson does, may catch on.

As I said at the beginning of this piece, there are times that our lifestyle may require some active support such as blogging, or donating to the Naturist Action Committee (NAC), through the Naturist Society, which is willing to be "out there" in support of we who are "in here."

—Jay Gearon

HAPPY TIMES AHEAD

Don't be fooled by all the so-called "Mardi-Gras" you see on the internet! Those who think they are being "cool" to bare their breasts to get some beads to wear are missing the point. We at LARC know how to throw a REAL Mardi-Gras party!

You see, for most people, Mardi-Gras is the last opportunity to be excessive before a long fast—and a time of going without. How depressing can that be?

We know better. We have already gone *without* all winter, and for us Mardi-Gras is our First (not last) opportunity of the New Season to shed some, or all of our clothes and enjoy the moment. That moment is March 27!

So, Mardi-Gras is a true "coming out" party, when we are "free at last" to unbutton and cast off our textiles of confinement. When restraints are lifted, it is normal to celebrate; and celebrating is what we do.

True, we wear colorful costumes, that usually don't stay on very long, but even if they do, we won't expect anyone to feel guilty!

This is a time to be glad you are a nudist! So bring snacks (BYOB), bring beads, bring your dancing shoes, and above all, bring your Party Spirit!

A FEW DETAILS: This is the first event of the season, and there is a need for volunteers to help set up. Not only for the party, but starting bright and early Saturday morning when we set up the tent. Those who participate are welcome to enjoy a special lunch as a reward.

And after lunch, there are details to tend to for the party preparation: what's a party without decorations and a music system?

Steve T. will be the host for the evening and he could use some help. Ask!

THIS IS OUR YEAR TO SHINE!

You are all familiar with the Olympic Games, just concluded in Vancouver B.C.

Those who traveled many miles to represent their country and accept all the challenges associated with winning a shiny medal must be proud of their achievement.

Next comes the LARC OLYMPICS, July 2nd, right here on our grounds, with competitions and opportunities to shine.

Right now you can shine by bringing your ideas and eager participation to our General Membership Meeting March 28.

Welcome

2010

AANR-NW
CONVENTION



olympics

July 2 – 5, 2010

LARC

Lake Associates Recreation Club

21700 SR 9,
MT. VERNON, WA. 98274
360-445-6833

www.LARCNUDISTS.COM