



# LARC

## NUDE VIEWPOINT



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Lake Associates Recreation Club

July 2009

AFFILIATED WITH THE AMERICAN ASSOCIATION FOR NUDE RECREATION, IT'S NORTHWEST REGION, AND THE INTERNATIONAL NATURIST FEDERATION – PARTICIPATING WITH THE NATURIST SOCIETY. LAKE MCMURRAY RECREATIONAL RESORT – HOME OF LARC

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WEB SITE: [www.larcnudists.com](http://www.larcnudists.com)

editor: Jay Gearon

### LARC BOARD MEMBERS

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### PRESIDENT'S MESSAGE:

More About Exploring My Passions

The following paragraphs are typed out on a piece of paper that was given to me about 20 years ago. It's tacked up on one of my window valances in the trailer. Unfortunately I don't read it very often. If I did I would probably have discovered I had a passion for motorcycle riding sooner. As I type this, I'm thinking the key is to move into a new location every few weeks. That way it won't become "part of the woodwork" and taken for granted.

*"If I had my life to live over I'd like to make more mistakes next time. I would limber up. I would be sillier than I have been this trip. I would take fewer things seriously. I would take more chances. I would climb more mountains and swim more rivers. I would eat more ice cream and less beans. I would perhaps have more actual troubles, but I'd have fewer imaginary ones.*

*"You see, I'm one of those people who live sensibly and sanely hour after hour, day after day. Oh, I've had my moments, and if I had it to do over again, I'd have more of them. In fact, I'd try to have nothing else. Just moments, one after another, instead of living so many years ahead of each day. I've been one of those persons who never goes anywhere without a thermometer, a hot water bottle, a raincoat and a parachute. If I had to do it again, I would travel lighter than I have.*

*"If I had my life to live over, I would start barefoot earlier in the Spring and stay that way later in the Autumn. I would go to more dances. I would ride more merry-go-rounds. I would pick more daisies."*

—Nadine Starr, '87  
Louisville, Kentucky

Now, if you were to ask my family, siblings and mother, they might say that I have lived a life as described above. I not only moved to the West Coast, but to the United States! I have a tattoo and would like more. I live in an RV in a clothing-optional campground and now I'm thinking about a motorcycle in my future.

Hmmm, maybe I read that piece of paper tacked on my window valance more often than I thought.

I hope you will join me in eating more ice cream.

—Alice Anderson



JULY 11-12

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## MEMBER'S BIRTHDAYS

**JULY:** **3** Cassandra B., **7** Bob vanL.,  
**14** Larry T., **17** Mike N., **19** Bill A.,  
**20** Keith S., **25** Rod S.,  
**27** Darlene O., **29** Margaret A.,  
**30** Fred F.

**AUG:** **3** Don K., **4** Shawn W., **8** Waldo C.,  
**9** Monika H., **9** Lia N., **12**, Mike S.  
**17** Ann C., **20** Betty S., **22** David D.,  
**26** Peter G.

## Highlights of Upcoming Events

—See our Web site for a complete list

### Upcoming Events in July:

**11-12: Open House Week end**

**Featuring the Bare Images  
Art Show, Life Drawing, and  
The World Record Skinny Dip**

**13-19: These Dates reserved for  
The Critical Massive Event  
(not a LARC function, see Criti-  
cal Massive website for info  
[www.ignitionnw.org/criticalmassive](http://www.ignitionnw.org/criticalmassive))**

**25: ROCKIN' THE PARK!!!  
Rock out with live bands  
See page 4**

### Special Upcoming Event :

**World Record Skinny Dip, July 11th**

**Don't miss this opportunity to be  
in the record books!**



## From the Editor's Chair-



This is one of those times when I feel like I must turn in my Identification card that proclaims that I am a nudist.

I am moving again, and I must reduce my living space. It's all fine and dandy until I look in my clothes closet!

How can I call myself a nudist when I have enough clothes to clothe all of the people I know. There is some virtue, according to the Christian Bible, in "clothing the naked" (a symbol of poverty) but the best I can do, is take bags full down to the Goodwill. Yet still, like the water-carrying brooms in the Sorcerer's Apprentice ala Walt Disney, it never seems to end.

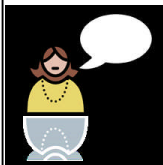
Last time I moved, I wrote a rant about how I needed to simplify my life. Each time I move, which I have done way too many times, I have these fantasies about how wonderful it would be to really "simplify" my life, and learn to live with less.

I hear this a lot from people who come into the mini-storage place where I work. Wouldn't it be wonderful to reduce our bulk (both in body and in our many possessions)? I notice that people who move stuff into a storage unit, are oftentimes making this vow, and again making the same vow when they move out!

Well, here I am moving out of this apartment I moved into, and filled up, three years ago, feeling like I have also failed to achieve that goal. I know I would like to, and indeed, must reduce this mass, and learn to live with less bulk of all kinds. The first step is to bark at Mrs. Jay, for all the junk she has gathered into our life: her junk is much more annoying than my precious possessions.

But that isn't going to solve anything. She might just jump to the conclusion that her life would be so much more simple if she learned to live without all the bulk of me personally.

And speaking of simplification, I'm sure there are those who feel that I clutter up their lives with too many of my words.



But I am really not a fan of chatter. Like the people who talk, talk, talk all day long on the phone, walking around with some Sea Shell-like device attached to their ear. Do you suppose they can hear the ocean? Or the talk



shows on radio, the internet, or TV; or the 24 hours of newspeak on all of the above: there is a limit to what even I can stand! We should think about too many words as clutter and sure enough, some people are ahead of the curve, and chopping their words from complete sentences down to phrases and "sound bites" or "bits" or "twits;" as in Twitter.

There is a trend now, toward brevity in the extreme. People communicate their ideas or their experiences in as few words as possible, then wonder why they are so misunderstood. What I don't understand is the need to be brief, while being constantly chattering, or twittering, or whatever you call it.

Perhaps we have come full circle from the days of the telegram, when we had to limit our words, and had to pay for each one. Back then, words were precious.

—Jay Gearon

# ANTICIPATION AND PREPARATIONS SET FOR THE JULY 11TH (AND 12TH) OPEN HOUSE, ART SHOW, AND WORLD RECORD SKINNY DIP

For those of you who live under a rock and don't know yet, LARC has been registered as a participant site for this Guinness World Record Sanctioned Challenge. It will be held the same day as our Bare Images Art Show and Open House on July 11, 2009, at 12 Noon Pacific Time. AANR has coordinated this event with clubs and legally-sanctioned nude beaches throughout North America.

This collaboration with Guinness provides AANR additional credibility in the realm of nude recreation. Publicity, both prior to and during the event, will draw people to the participating club, increasing public awareness and hopefully increasing our membership. Participation will also provide a fun-filled event for all of us. It will take place across the bridge somewhere on the tenting area, details will be announced when they are finalized. There will be a press release going out to all the media in our area the second week of June with a follow up in early July. Participants will have to sign an official document but there will be no pictures taken or publicized of our event.

This will provide our club with a fantastic summer activity. We will be a part of something never done before; we will help establish a Guinness World Record and it is going to be FUN for all participants!

For more information or to help with the event, you can contact me at [freein1derland2007@yahoo.com](mailto:freein1derland2007@yahoo.com) or call the LARC office (360) 445-6833 and leave me a message.

—Alice Anderson

Please turn off your water at the in-ground spigot before you leave your site.

When the state gives us our water rights (which won't happen for possibly 6-12 months) there is no limit on the amount of water we can pump. Until then, we have to report daily water usage and have a limit as to what we can pump.

Please help conserve. Thanks

—Mike and Astrid



## OPEN HOUSE AND BARE IMAGES ART SHOW 2009

The Bare Images Art Show has grown up.

What began as an exhibit of Nude Art from Northwest Artists, has been transformed by the popularity of our Life Drawing Sessions into an opportunity for participation. Experienced and inexperienced artists, visitors to our park take up pen and crayon, paint brush and pastels, pencil and paper, and even finger paints, to create their own interpretations of the nude figure. Young and Old, whoever is willing, may try their hand at releasing their own inner Picasso. We encourage our guests to take a chance and be assured that there will be no judging, no grades given out, and the Open House is a true OPEN celebration of the nude figure.

This is a two-day event, both weekend days, and knowing that some work up an appetite there will be refreshments in the gallery, and the LARC Grill will be open during the show, offering their famous grill menu items for lunch and a special breakfast on Sunday.

Fees are waived for the days of the Open House, so bring your friends and relatives, or your neighbors, who may have always wondered what a nudist camp might be like. You may remind them that it is O.K. to LOOK, at the nude model we have hired, if you have a paint brush in your hand!!

And you know, it's not all fun and games, as we will be hanging the art on Friday before the show, and will need volunteers to get everything all spiffed up and ready. On Saturday from 10AM to 8 PM and Sunday from 10 AM to 5 PM, we will need help with the refreshment table, the cashier booth, to greet our guests, and otherwise run the smooth running event.

Contact Gary Y. at [bareimages2009@gmail.com](mailto:bareimages2009@gmail.com)

*"Let's Hang Together"*



# LARC is "Rockin the Park" !

Lake Associates Recreation Club



While I have your attention, go get your calendar and highlighter and make a big X over July 25. That is the date for this year's edition of "Rockin' the Park". The last thing I want is for somebody to miss the event because it came up without warning and you got locked into something else for that Saturday. As you know "Rockin' the Park" should not be missed and I say this each year but here it is again; this is the best lineup we have ever had!

This year, George and Julie I. are doing the heavy lifting of promoting Rockin the Park. Part of the change is this is the first year pre-sale tickets are available through Brown Paper Tickets. ([brownpapertickets.com](http://brownpapertickets.com)).

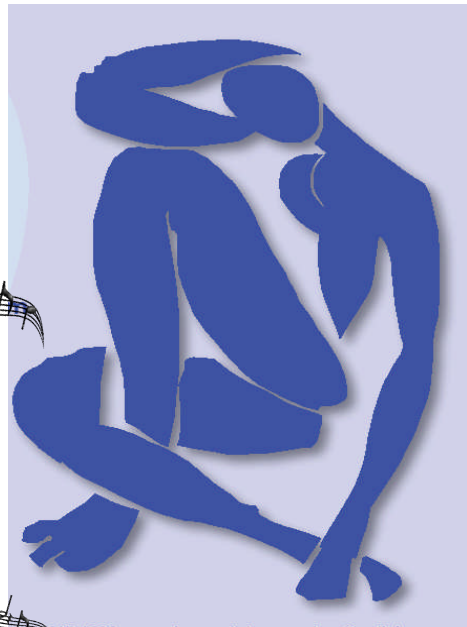
Remember, if you are a LARC member you have already paid your entry into the festival.

The show kicks off at 1:00 with the Seattle party band Rock Candy. Ask anybody who caught their show last year and they will tell you the band's name should be Eye Candy. The band is fronted by two very attractive young ladies, and the music is fantastic. They play super covers of pop and R&B hits from the 70's and 80's. So get to the festival early, so you don't miss any of the first act. I talked to a few folks last year who picked Rock Candy as their favorite band of the day.

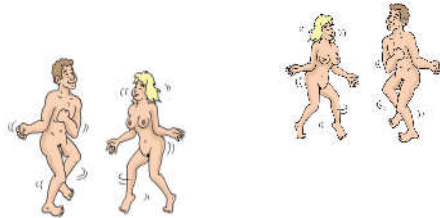
The second band is Midlife Crisis featuring The Alimony Horns. We are fortunate to have these folks back for a second year. They hit the stage at 3:30 with 10 musicians, playing a horn based collection of rock classics from artists like Chicago, Blood Sweat and Tears, and Joe Cocker. Listen for them to play the Tower of Power classic, You're Still a Young Man. It's the best, they nail it, and that melody will still be replaying in your head come Monday. They had a great time playing at Rockin the Park last year and are looking forward to returning.

The Popoffs are next at 6:00. This band is made up of three veteran northwest musicians. All three band members have great singing voices; consequently their music is highlighted by some amazing vocal harmonies. Their play list includes covers of The Eagles, Rod Stewart, Rolling Stones and other 60's, 70's and 80's pop. You are going to be knocked out by their performances of some of your favorite Beatles tunes.

This year the closing band is The Motown Cruisers. They play covers of the great R & B bands from Barry Gordy's Motown Records. This band is a blast and nobody has more



fun while performing. They are really excited about the opportunity to be the closing band. The whole band has said how much they like our venue and our crowd.



This band really responds to the crowd. The synergy between LARC members and The Cruisers for the finale will be over the top.



We challenge every active member to invite at least one person to Rockin' the Park. The festival is a great way for us as members to introduce the public and our friends to our wonderful club and fabulous grounds. There will be food for sale from the grill and beverages for sale from the bar. There will also be a pre-festival party Friday night at 7:00 by the tent (warning: this is where we find out how you want to help on Sat).

—Tom Barrett