



# LARC



## Lake Associates Recreation Club

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**NUDE VIEWPOINT**

MAY 2008

AFFILIATED WITH THE AMERICAN ASSOCIATION FOR NUDE RECREATION, IT'S NORTHWEST REGION, AND THE INTERNATIONAL NATURIST FEDERATION – PARTICIPATING WITH THE NATURIST SOCIETY. LAKE MCMURRAY RECREATIONAL RESORT – HOME OF LARC

**WEB SITE: [www.larcnudists.com](http://www.larcnudists.com)**

### LARC BOARD MEMBERS

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### President's Message

#### BALANCE

A couple of years ago I took horseback riding lessons up in Alger. I've always loved horses, even owned one for a short time, years ago, and rode every day. It was a dream come true at the time. Anyway, that was over 20 years ago and I never had any instruction, so I thought I would like to pursue that activity in my life again, but I wanted to do it right. Hence, the lessons.

The instructor started out by reviewing the basics – how to groom the horse properly, put on the bridle and saddle and how to mount the horse. Then she proceeded to say that the only time I could use the stirrups was to get on the horse. I looked around at the other students panic-stricken! How the heck was I supposed to STAY on the horse without the use of the stirrups? Especially when it started moving! The reason, she said, was that I needed to have my balance, in the saddle, so the horse could find its balance. If I was off balance, then the horse would be too, and it would be a very uncomfortable ride.

Since then I've learned, the hard way, a lot about balance. About how important it is in pretty much every area of my life – working, playing, sleeping, eating, household chores, volunteering, relationships with friends and family – the list goes on. If I spend too much time on one area, I don't have time for something else, that's just as important to me, and I feel out of balance and uncomfortable. I'm neglecting something and I suffer for it in one way or another. And if I don't have MY balance, what I have to contribute to other activities isn't balanced or comfortable either.

At LARC, the busy season is upon us and it's especially important for me, and all of you, to find our balance here and keep it. There is an abundance of volunteer opportunities here and I hope you find something that you enjoy. Or several different somethings. Whether its being the DJ at one of our dances or karaoke nights or helping keep the weeds out of the entrance garden, it's all appreciated. Just remember – stay in balance. Make sure that whatever you choose to do, you have fun doing it. See you soon!

—Alice Anderson

**LARC  
BEAUTIFICATION  
DAY: MAY 24!  
Participation IS  
BEAUTIFUL!!!**

**JOIN IN THE FUN–**

**Meet with Margaret, Lot B6, between 8 & 10AM  
Sign up for a task and your free lunch!**

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## MEMBER'S BIRTHDAYS

**MAY: 1** Leonard J., **10** Patsy A.,  
**11** Benjamin W.,  
**18** Tom B., **19** Robert G.,  
**21** Gary Y., **29** Tina S.,

**JUNE: 1** Jay G., **1** Craig P.,  
**7** Christy M., **22** James V.,  
**24** Daleen H., **27** Lang S.,  
**30** Margo S., **30** Steve L.

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## Upcoming Events in MAY:

**May 17:** Movie 8:00 PM, Potluck snacks  
**May 23-25,** "Rain Dance" Weekend,  
Wine and Cheese Potluck Friday  
LARC Beautification Day, Sat.  
THERE WILL BE A PAYOFF FOR PARTICIPATION!  
Golf Cart Obstacle Course,  
AUCTION  
Karaoke, Bingo, Horseshoes,  
SEE PAGE 4

## Upcoming Events in JUNE:

**07 Board Meeting 10:00am**  
**Karaoke 7:30**  
**08 TexMex Potluck 12:30**  
**General Membership Meeting**  
**14 Campfire Night with s'mores**

For Updates-  
**BE SURE TO CHECK OUR WEB SITE —**  
**[www.larcnudists.com](http://www.larcnudists.com)**

Also-

Be sure to check the message board at the  
office when you enter the park.

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**LARC IS A "POLITICS FREE" ZONE**

**YOU ARE FREE TO VISIT OUR PARK AND RELAX!**

**(WHAT A RELIEF!)**

## From the Editor's Chair-



I knew I had "arrived" as a nudist, a few weeks ago, when, while clipping back the seasonal overgrowth of salmon-berry, on our Lot here at LARC, I fell bare-assed into a clump of stinging-nettles!

Whose idea was it to garden naked anyway?

Which reminds me of my early childhood introduction to nudity. Besides the GARDEN in the book of Genesis, in the Bible, the most common introduction children of my generation got to the idea of running around naked was in the pages of the National Geographic. There we saw natives who were wearing very little if anything, and it was said to be a "primitive" lifestyle. We also saw similar cultures revealed in movies such as Tarzan, and King Kong, usually set in a far-off jungle somewhere. These opened up some exotic mental possibilities that were very appealing to boys bored with playing such vacant-lot-imagination games as Cowboys and Indians, Cops and Robbers, or various the World War combatants; over and over (just ask the video game makers!)

But while these alternative "primitive" themes may have had a certain appeal, there wasn't much thought given to actually playing them in the nude. Our neighborhood just wasn't ready for such a thing! Besides, we didn't get in very realistic costumes or props for any of these other imaginary scenarios: guns, bullets, bows and arrows, and other props, were all part of the imaginary experience in our minds.

For the most part, we were also only interested in the human hazards and dramas. No matter how exotic, we did not want to contemplate battles with bugs, tropical diseases, or wild animals (unless one of our buddies wanted to act out the role), or even stinging nettles! Some things were simply beyond the scope of our vision of imaginary possibilities.

In my neighborhood we did have poison oak. And I didn't have to get naked to get exposed to this hazard. I seemed to come down with a good case of the rash several times per year, even while keeping my pants (probably shorts during the season) on. This would also include a good scolding from my parents, and being sent to my room to suffer alone. There were certain areas and vacant lots in the neighborhood where I was not allowed to play or roam. It was in these areas where the most insidious hazards existed, outside the safe harbor of parental supervision.

Years later, my parents discovered that the

—Cont. p. 4 "editor's"

# Our Texas Experience

Cassandra and I spent this winter in south Texas at a nudist park called Nature's Resort. Besides the obvious difference that it is warmer than LARC there are some things we felt you might be interested in knowing about our experience in the Lone Star State.



The first thing we had to adjust to is that the Texas park is much more like a trailer park. Whereas the lots at LARC are all somewhat unique with trees, rolling hills, little brooks,

wild animals and such, the Texas park is flat. The lots are fairly uniform (ours is 60x40) and, like a trailer park, one after another on both sides of the streets; just not jammed as tight as some. Of the one hundred or so lots about two-thirds are populated with fifth-wheel units and the remainder is mobile homes. Almost all of the mobile homes are on concrete pads as are many of the fifth-wheels. The pads provide some protection from fire ants and reduced contact with sand burrs. At the time we left only a few lots were still available. Everybody has sewer connection.

Before leaving we had purchased a used fifth-wheel to live in while we got things squared away. We would have stayed in one of the apartments but they don't allow pets and for some reason thought Freddy is a pet. Clayton Homes is very popular in this park and we found a new 16x48 on the lot which we purchased. Oh, by the way, almost no financial transaction occurs in Texas without showing your Social Security card—not the number, the actual card. After buying the mobile home we moved the fifth-wheel off our lot to a pull-thru and had a concrete pad poured. We included enough area to allow for a shed and patio; when we return we will pour some more for a parking area.

The mobile home was delivered on a Thursday, the furniture we purchased was delivered on Friday and we spent the weekend moving in. On Monday the dealer picked up the fifth-wheel which we had traded in on the mobile home. Instead of building a shed, we found a fellow that delivers them already constructed for less than the kit we had purchased here.

Our experience at LARC is that during the season most weekends are jumping with people and activity: a dance or Karaoke or movie or other event. During the week there are very few people around. In Texas people are there 24-7. In the pull-thru's visitors would be around for a month or two; in the lots the stay was usually two months to six months with a handful of year round residents. So activity is spread out during the week rather than being concentrated during the weekends.

Almost all of the people are from the mid-West; there was one couple from Bellingham. Surprisingly, at least to me, there were several French-Canadian couples. Quite a few of the residents have one or two dogs for pets and



they can be seen walking them every day.

A rather large club house is adjacent to the pools and includes things like showers, game room, library, rental apartments, kitchen, laundry facilities, dining/activity area, dance floor and stage. Close by is a pool room and weight room. All of which we used and liked. Did I mention it is warm in Texas? So the building had to be cancelled because it was too cold.



Just as we arrived the park was installing a new Internet access system to replace the former satellite system. After a few opening day kinks were worked out it started providing swift, reliable service.

We liked the controlled access gate as it eliminated the "lookie-lou's".

Like LARC it is a dozen miles or so to any kind of grocery store or shopping area but no matter which way one goes you are sure to encounter construction delays; there is a lot of new road construction. We took along a Garmin GPS navigator and several places it would tell us to exit or enter a free-way where a ramp no longer existed.

During the winter months this part of Texas has a huge influx of visitors, like us. They call us, "Winter Texans". At the start of the season one park hosts a talent showcase so that activity managers at all the parks can see what is available for booking.



There is another nudist park, Sandpipers, about fifteen miles away and once or twice a year the two clubs have a joint activity. We participated in a water volleyball tournament at Sandpipers when they had a variety of events there for the two clubs.

It is about twenty miles to Mexico and we made three trips there. A lot of people cross for medical services and filling prescriptions or to buy liquor. You can get by without knowing any Spanish but your experience will be richer knowing just a little rudimentary Spanish. Cassandra is fairly fluent; after two weeks in the Yucatan last winter they began to think she was a native.

When we left Texas we set the air conditioner thermostat at 95 degrees, looking forward to our return to Washington and after the recent snow, hail, sleet and rain we are already looking forward to our return to Texas.

—Jack B.



## SILENT AUCTION

Saturday May 24th— LARC Fund Raiser

DONATE Your Unwanted Stuff  
12-pm At Tent

Someone's Junk, Can Be Your Treasure  
The Hammer Goes Down 7-30 pm  
Pay At Close, No Exceptions  
(see LARC Treasurer, Margaret A.)

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Come One Come All:

### Golf Cart Obstacle

Course

(Blind Folded)

3-pm Sat May 24th



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## LOOKING FOR FUND RAISING IDEAS

LARC is always looking for practical and fun ideas to raise money for the club. This money helps us provide all the events we host every season. If you have an idea for fund raising please contact me at [freein1derland2007@yahoo.com](mailto:freein1derland2007@yahoo.com), (360) 420-2037 or stop in at the LARC office and fill out one of our new comment cards.

—Alice A.

## HOSTS FOR KARAOKE AND DJ DANCES

At the General Membership Meeting in June there will be a sign-up sheet for hosting our Karaoke and DJ Dance events. Check the LARC activity schedule and see if there is a scheduled event you would like to host. Training will be provided and if we all pitch in everyone will enjoy the party!

—Alice A.

## UNCLASSIFIED

### For Sale

2004 Pioneer 18 ft Travel Trailer by Fleetwood  
Available after April 24, 2008

Well cared for, only 2<sup>nd</sup> owner – has 3 years of extended platinum transferable service contract. sleeps 6. air conditioning, propane central heating, awning, shower/tub, bathroom sink/vanity separate from bathroom, lots of storage. Clean and comfortable. Contact 360/468-2646. Asking \$9500, OBO

## “editor’s,” cont. from p.2

poison oak plants were in our own backyard, so I got the rare pleasure of a parental apology.

So I became aware of some of the hazards of nudity, alongside the awareness that such a lifestyle possibility might have existed back there in the dim past somewhere. Or I might have thought of the possibility that is some far away exotic location, people lived without clothes. That possibility did not seem very real or relevant to me and my life.

The next nudist-awareness advancement for me came during the fifties-era of "nudie-exploitation" movies. As teenagers, we began to explore the movie ads in the newspaper to see what the latest Monster/Horror Movie might be seen in our local theater. And there they were, mixed in with the major-studio releases: advertisements for those semi-obscure movies with titles like *Garden of Eden*, *The Naked Venus*, and *Diary of a Nudist*. The ads were designed to titillate and emphasized that the movies were for "ADULTS ONLY" making them unavailable to us, but intriguing none-the-less.

The ads usually always depicted a setting that at least resembled a garden of some kind. Whoever or wherever these nudists were, they were in a garden!

So it seems that nudity has been culturally associated with gardens for so long, that there is no point in trying to fight it or change it. I just might as well accept my fate and do my gardening in the nude, or in whatever I happen to be wearing. All I can say is, "Just remember, BE CAREFUL; it's a jungle out there!"

—Jay Gearon



### Ladies On a LARC—

It's not just for Ladies anymore!

*Everyone is Welcome!*

**May 17th** - Polish shuffle board deck - participate in game after.

**June 7th** 1:00 pm We will be rebuilding playground area with a sand pit. Please bring shovels and gardening equipment. If we have a large turnout the project will only take maybe an hour.

**June 14th** 2:00 pm Action games: Volleyball, Boche Ball, Circle Dice game. That night there will be campfire with s'mores, lets try and come up with some scary stories to share at the fire!

If any one wants to see a fun activity happen in the park let me know and we will try and make it happen.

—Mary R