



LARC

NUDE VIEWPOINT

**SPECIAL
CONVENTION
ISSUE**

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AFFILIATED WITH THE AMERICAN ASSOCIATION FOR NUDE RECREATION, IT'S NORTHWEST REGION, AND THE INTERNATIONAL NATURIST FEDERATION – PARTICIPATING WITH THE NATURIST SOCIETY. LAKE MCMURRAY RECREATIONAL RESORT – HOME OF LARC

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PRESIDENT'S MESSAGE:

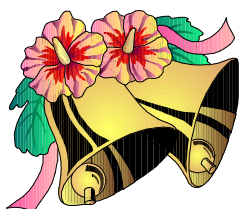
More Fun and Then Some!

It is just the beginning of summer and we have already had more food, dances and karaoke than ever before. The new hosted Sunday Coffee & Donuts is a big hit with everyone. Now who would have ever imagined that. We also are off to a great start with the ZUMBA dance exercise classes now at LARC, which is helping keep some of the donut eating in check. I guess what I am saying is that you asked for more fun things to do here at LARC and we are doing our best to bring exactly that to you. How are we doing so far? Believe me, it is just the beginning. *A Big Thank You* to our way too few and wonderful volunteers who are working very hard to make all these events special for you. If you can lend a hand please do, it's easy. All you have to do is show up the day of an event and say, can I help? It will be much appreciated.

The Black Ties and Heels Dinner & Dance was a first for our club and we had a fantastic turnout. The Activity Tent was decorated to the nines and looked like a swanky nightclub. There were tuxedos, floor length gowns, Bow Ties and Cuffs (only) and lots of sexy stiletto heels. The salmon was perfect and the steaks grilled to perfection. Combine all this with with perfectly themed velvety smooth music playing throughout the entire evening and I have to say, it was just a spectacular night. I for one danced almost the entire evening as did so many others. If you missed it, well you missed a good one. Many of you have already asked if we can do this event again so guess what, we will! But it is probably going to have to wait until next year because the calendar is pretty full with more fun and new things to do this season.

Can you believe July is just DAYS AWAY. Let's all keep our fingers crossed the the rain is going to slow down and the sun is going to shine everyday because this July is going to be one of the busiest times ever here at LARC. We are starting off the month by hosting the 2010 AANR-NW Convention, then comes the AANR Skinny-Dip and the annual Art Show and Open House on July 10 & 11, then we cap off the fun on July 31 with multi-band Rockin' The Park Music Festival which appears to be

RENEW YOUR WEDDING VOWS



**AT OUR SPECIAL
MARRIAGE
RENEWAL
CEREMONY
SEE YOUR
CONVENTION PROGRAM**

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—See President's, p.3



MEMBER'S BIRTHDAYS

JULY: 3 Cassandra B., 7 Bob vanL.
 14 Larry T., 17 Mike N., 19 Bill A.,
 20 Keith S., 25 Rod S., 27 Darlene O.
 29 Margaret A., 30 Fred F.

AUGUST: 3 Don K., 4 Shawn W.,
 8 Waldo C., 9 Monika H., 9 Lia N.,
 11 Michael G., 12 Mike S., 17 Ann C.
 20 Betty S., 22 David D., 26 Peter G.

UPCOMING EVENTS—

So last year we (AANR) set the Guinness World Record for the number of people Skinny Dipping at the same time; now this year, our challenge is to break that record. The “Challenge” will be held the same day as our Bare Images Art Show and Open House on July 10, 2010, at 12 Noon Pacific Time. AANR has coordinated this event with clubs and legally-sanctioned nude beaches throughout North America.

Publicity, both prior to and during the event, will draw people to our club, increasing public awareness and hopefully increasing our membership.

Participation will also provide a fun-filled event for all of us. There will be a press release going out to all the media in our area the second week of June with a follow up in early July. Participants will have to sign an official document but there will be no pictures taken or publicized of our event.

July 31-ROCKIN' THE PARK our annual music festival is certain to be the peak in our peak season of activities. Remember Rock Candy from previous years? This easy to look at group leads off at 2:00 PM, to be followed by Author Unknown (yes, that's their name), and then the Headliner: 3D Dance Band (you heard 3D was back!). This will blow you away!

From the Editor's Chair-



*"...Cause your kisses lift me higher
 Like the sweet song of a choir
 You light my morning sky
 With burning love
 With burning love
 Burning love
 Ah, burning love"*

Yes, "Ah:" what an appropriate, simple, expressive word! We have heard the words of love songs from the time we were too young to fully understand them. You may remember a time in childhood, when Love was everywhere and all around. Then as we entered puberty the love songs took on new meanings and seemed to just be about sex.

In fact, all of the life seemed to change, the veil was lifted, and life was all about sex; especially when Elvis gave us such clear word pictures:

*"Ah, it's coming closer
 The flames are now lickin' my body
 Please won't you help me
 Feel like I'm slipping away
 It's hard to breathe
 And my chest is a-heavin'
 ...I'm just a hunk, a hunk of burning love,
 Ah,"*

There's that word "Ah" again! But as we get older we complete the circle and we come to realize that it isn't all about sex, even in marriage. Love, which once was the center of our universe as newborn babes, and which was temporarily replaced by sex in puberty, and then when we first got married, came back to give our lives meaning as we grew older. Our attitudes change. Words heard in love songs begin to mellow with age. Mature love sets in along with other forms of maturity. Again, Elvis gives it expression:

*"Love me tender
 Love me sweet
 Never let me go
 You have made my life complete
 And I love you so*

*Love me tender
 Love me true
 All my dreams fulfilled
 For, my darling... I love you
 And I always will..."*

No wonder the thought of renewing those wedding vows strike a familiar chord for so many. For those of us who are married, we have a unique opportunity this year, to come together in a re-play or renewal of our wedding ceremony experience, with greater more mature meanings. This will take place right here on our LARC park grounds, at this AANR-NW Convention on the first weekend of July (see the program schedule which has changed since our last newsletter). The words in the ceremony may not be exactly the same as in your first wedding, but however close they are, they will take on new meaning, as our feelings have certainly matured over the years.

You will have an opportunity to express your own personal vow to your mate quietly so that only the two of you will hear that intimate

President's cont. from page 1-

shaping up to do exactly what the name implies, *Rocking The Park*.

On top of all this, even though it is not an official LARC sponsored event, once again the park will become the host site for the convergence of Critical Massive (July 19-25) with 1,000 people (Burners) expected. All LARC members are welcome to attend and watch the show that the Burners bring to the mix. July is going to be crazy fun but I certainly do hope you find some time in between everything to get some warm sunshine and relaxation in our wonderful LARC surroundings as nature intended. Oh, have a blast too!

The Board and I are doing our best to make LARC a great place for you to enjoy. We are gaining new members who are excited about all we are offering. When I ask them what brought them to LARC, they invariably say it is all the genuinely friendly, fun and down-to-earth members here at LARC. As I have said before, we can plan the fun, but you all make it happen. Thanks for doing a great job at it!

—Keith

Black Tie and Heels Dinner Dance

We all know that LARC is “clothing optional” but now we have a new understanding of the possibilities.

Saturday June 5th the dress code was expanded to include floor length chiffon strapless dresses, silk slacks, beaded and lace off the shoulder gowns, tuxedos, suits, kilts, stretch leggings, thigh-high stockings with stilettos, jeans and cowboy hat, black ties of several styles, strappy sandals, and lots of bling... rhinestones, gold chains, pearls, opals, diamonds. AND, of course, there was the expected body freedom from all (or most) clothing.

Christy M and her crew of helpers, put together an evening that was memorable and special for everyone who attended. Tables were adorned with silver and crystal (good imitation!), candles and jewels against a black tablecloth. Twinkly lights surrounded the interior of the tent and the chandelier at the entrance set off the elegance as everyone entered.

The meal: “FANTASTIC!” is the only acceptable descriptive word to use. Succulent Alaskan King salmon filet or perfectly grilled New York steak; at our table it was argued politely who got the “best” meal. It was rounded out with generously sized baked potatoes, lightly crisp-cooked green beans, and salad and rolls. Chocolate birthday cake for Christy was shared and a rousing birthday song sung.

Cassandra had an incredible play list selected, beginning with some easy listening Big Band and more contempo-

Let The Games Begin!

It seems like just yesterday that we received word that LARC was selected to host the 2010 AANR-NW Convention and it is now upon us. July 2nd to the 5th will be a *Convention of Conventions*. Get your Togas out and get ready to have some Olympic size fun. You really won't want to miss this. Mark your calendars and plan to be here, if even just for a day or two. You will be glad you did.

The program is jammed with important AANR-NW business meetings for you to attend and provide your input into our regional organization's direction and plans, a schedule of daily games and fun activities to keep you busy, and an incredible *Three Nights of Fun* which includes an Olympic Karaoke Contest on Friday with unbelievable prizes, followed by a frat-style Toga Party & Flower Power Dance featuring classic 60's and 70's Rock & Roll sounds on Saturday, and finally on the third evening an unpredictable Open-Mike Night filled with a variety of talent and creative energy.

The LARC Grill will also be in full action the entire event and be complimented with wine tasting and a beer garden. Again, I have to give a another *Big Thank You* to all our convention volunteers who have already put in countless hours of planning and work to make this convention successful and it has not yet even began.

At our General Membership Meeting, rescheduled for June 27, our Convention Co-Chairs, Betty S. and Steve L., will be providing you all the details of the Convention activities. It will also be the perfect time to sign-up if you have not done so already to volunteer your help during the Convention, even for just one hour or so. Again, all you have say is, *Can I help?*. Any time you can lend will be much appreciated. Again, get your Toga ready and let's show all the AANR-NW folks how we have fun at LARC. OK everybody, on the count of three shout out... 1, 2, 3, Let the Games Begin!

--Keith

LARC President

rary music. When it came time for the dancing, the dance floor was nearly full for every dance, telling us that THIS is what we came for... a romantic evening of dancing to the music from the 40's through to the present... just enough sprightly selections to balance the more mellow choices. There was plenty of romance, pleasure and good listening between dancing. Gentlemen and ladies, dressed up, dressed down and every where in between, enjoyed a truly special romantic night out. Our thanks go to Christy and her crew for an awesome evening of dining and dancing to the theme Black Tie and Heels

—Pamela B.

CONVENTIONS MORE THAN BUSINESS

There will be parades every morning to get the festivities up and running. There will be the usual contests and convention games, as well as some creative and unique games related to the Greek-games theme. There will be arts and crafts activities. A local winery will be providing wine for sale, and there will also be a beer garden. We will of course have our famous LARC Karaoke, and a dance, and the even more famous LARC Grill serving food. We will also have a special silent auction for those who need a shopping fix.

To sum it up: you will need a PROGRAM to keep up with all of the activities, which will seem like a three ring circus, and you won't want to miss out on your favorite. So be sure to get your program when you register, and study it!

CONVENTIONS MEAN BUSINESS

When a convention is scheduled, we sometimes focus on all the fun activities available to everyone, and forget that the delegates will be doing business and attending meetings in the big tent during the days of the convention. Did you know that many of these are open to everyone? There will be sessions of very informative presentations and discussions that you will want to consider attending. See your PROGRAM, which lists what options you have. You won't want to miss something important to you.

BEYOND THE CONVENTION: MORE ACTIVITIES

The Bare Images Art Show will keep our park humming. What began as an exhibit of Nude Art from Northwest Artists, has been transformed by the popularity of our Life Drawing Sessions into an opportunity for participation. Experienced and inexperienced artists, visitors to our park take up pen and crayon, paint brush and pastels, pencil and paper, and even finger paints, to create their own interpretations of the nude figure. Young and Old, whoever is willing, may try their hand at releasing their own inner Picasso. We encourage our guests to take a chance and be assured that there will be no judging, no grades given out, and the Open House is a true OPEN celebration of the nude figure.

This is a two-day event, July 10-11 2010, and knowing that some work up an appetite there will be refreshments in the gallery, and the LARC Grill will be open during the show, offering their famous grill menu items for lunch and a special breakfast on Sunday. Oh yes, there will also be art to view!

Fees are waived for the days of the Open House, so bring your friends and relatives, or your neighbors, who may have always wondered what a nudist camp might be like. Volunteers to get everything all spiffed up and ready, Contact Gary Y. at bareimages10@gmail.com.

SOMETHING TO DAZZLE EVERYONE: EXPECT TO BE ENTERTAINED!

"Three Nights of Fun" are scheduled for all three nights of the convention. The title is appropriate.

Friday night is the Karaoke Challenge. There will be prizes, sing-alongs, and even the opportunity to dance to your favorite song sung by one of your fellow nudists!

Saturday night will be the Flower Power Dance, with love beads the proper attire. Music from the 60's and 70's, and Cassandra promising to bring back the atmosphere of "California Dreamin'" with black lights and neon body painting.

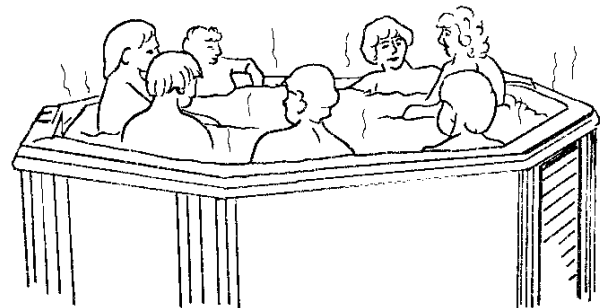
Sunday night will bring out the fireworks (it being the 4th of July), with "Naked Talent" Open Mike Night. The unpredictable is predicted with singing, comedy, music, story telling, poetry, and all manner of talent to rival all those TV shows, but without the buzzers. Again, Cassandra assures that you have never heard the *three little pigs* presented with more relish than you will hear and see at this event.

Did we mention getting a PROGRAM so you'll not miss a thing?

LEST WE FORGET—

With all the activities planned for the AANR-NW Convention (Did we mention getting a PROGRAM?) like volleyball, horseshoes, discus, shuffleboard, dancing, etc., etc. let's not forget what many have come to do: RELAX!

DON'T FORGET THE SUNNING LAWN AND THE HOT TUB!!!



From "editor's" p. 2—

moment. Then we will have overall vows to acknowledge publicly and vow to keep. We will also deepen our understanding of married life through this experience together.

I know that, in my case at least, my relationship has become more profound and meaningful as I grow older. While still 'loving,' (and we still use that appropriate word), that word means more to us now.

I hope many of you will take advantage of this opportunity to renew your wedding vows at the convention.

—Jay Gearon