



# LARC

## NUDE VIEWPOINT



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Lake Associates Recreation Club

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AFFILIATED WITH THE AMERICAN ASSOCIATION FOR NUDE RECREATION, IT'S NORTHWEST REGION, AND THE INTERNATIONAL NATURIST FEDERATION – PARTICIPATING WITH THE NATURIST SOCIETY. LAKE MCMURRAY RECREATIONAL RESORT – HOME OF LARC

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### LARC BOARD MEMBERS

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### President's Message

I don't know how many of you subscribe to the weekly AANR E-News, but the following is an excerpt from Eric Shuttauf's report this week regarding membership involvement in AANR:

"There is a story about the inhabitants of a small town in the French wine region. They met to consider what special thing they could do to thank the parish priest who had faithfully served their hamlet for over 30 years and was now retiring. Since quality wine was the chief export of the region, the town leaders agreed they would give the priest a barrel filled with a fine Merlot. Each household and vintner would contribute Merlot to the barrel. And so it was that the cask was presented several weeks later during a celebratory event.

Later that evening as the cleric sat down to his first meal in retirement, he retrieved a glass from his cupboard and filled it from the barrel, only to find it contained pure water. You see, each household felt they could manage to add water to the barrel instead of wine and that it wouldn't make much difference.

..... Those who haven't lent their voice, .... or joined the roles of membership may think that it doesn't matter. But multiplied across many, it actually makes the difference between a rich, high-quality program and one that isn't much more than water."

I think this also applies at the club level. The more people involved and the more ideas that are heard can only add to the unique experience of LARC. Your involvement can range from making sure there's coffee made for potlucks or chairing a committee for the 2010 AANR-NW Convention to be held here at LARC. But whatever you do, I hope you enjoy it.

Your elected LARC board members are in the process of setting the 2009 Activity Schedule and we are always ready to hear new ideas. Recognize that you are unique. The greater the variety of activities we can offer, the greater the attraction to new members. It doesn't have to be a new idea, it could be a comment on the past season, what you liked or didn't like. My contact information is below, I'd love to hear from you. Or let me know what's on your mind at the LARC Annual Christmas Party, December 13<sup>th</sup> at Norway Park, more details later in this newsletter.

## MASKED BANDITS ON THE PROWL

### In the Park!!

HAVE YOU SPOTTED THEM?

See page 3

### Contents

President's Message.....	1
Birthdays.....	2
Editorial Comment.....	2
Holiday Party.....	2
Masked Bandits.....	3
Meet the Members.....	3
Parting Shots.....	4



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**MEMBER'S BIRTHDAYS**

**NOVEMBER:** 4 Matt L., 6 Jack E., 8 Mary K., 13 Dennis W., 14 Bill S., 14 George W., 22 Jess D., 28 Alice A., 30 Ivan K.

**DECEMBER:** 7 Arne B., 7 Laurel T., 13 Lisa A., 13 Michael C., 16 Ken S., 18 Paul T., 21 Phil C., 27 Janice B., 29 Mike R., 31 Glenn Y.

**JANUARY:** 5 Patti v., 6 Jim G., 6 Matt R., 8 Carl M., 19 Mike K., 21 Lori D., 21 Denise P.

**Upcoming Event in Dec:**

*LARC Christmas Party*

*December 13, 2008, 1:00 to 7:00 PM*

*Norway Park Beach Pavilion*

*Decorate 12-1pm - Dinner 2pm*

*Gift Exchange to follow \$15 suggested limit*

*Please come and enjoy dinner.*

*The gift exchange is optional.*

LARC will provide turkey, ham, mashed potatoes, gravy, rolls, cranberry sauce, pumpkin pie, coffee and soda.

If you would like to contribute other foods the following list is by last name initial:

- A-B Appetizers
- K-P Vegetables
- V-Z Beverages - including water
- C-J Salads
- Q-U Desserts - other than pumpkin pie

**RSVP by December 1<sup>st</sup>**

larc@nwlinc.com 360-445-6833

If you need directions: ASK!

# From the Editor's Chair-



We can all be grateful that our park is a Politics Free Zone, having gone through the fog and maze of a two year national election campaign. But now that it's over, it becomes history; so a few comments.

Now, I don't wish to be smug, but with all the attention paid to the competition over whether our presidential contest would be won by a woman, a black man, or the oldest-ever senior citizen, we as the nudist minority, knew that we had already won. Having the first nudist in the white house is old news. John Quincy Adams took daily nude swims in the Potomac, and Teddy Roosevelt was an avowed "skinny dipper."

Most national elections draw our rapt attention, because we as humans abhor Uncertainty, and the results of such a contest effect us all. Even when they are boring, as they must be from time to time, when they seem to go on and on forever, we tune into the 24 hour news channels to catch the latest update. I have to hand it to Wolf Blitzer: he can make weeding the garden sound dramatically exciting and important.

"Right Now coming into the Situation Room...you will want to see this!"

But even without Wolf Blitzer, this election, when 'we the people' elected our first black US President, was historic and profound. Congratulations to Barack Obama!

We all know that this was a Big Step forward. Just because it actually happened, regardless of how we voted, we have to adjust our thinking. And even the spell check on our computers!

As recently as six months ago, at work, one of my customers proclaimed that "We [true] Americans will never elect a [insert the "N" word] as president of the United States." I was jolted back into a certain view of reality which I had almost forgotten, though I have bumped up against it several times over the course of my 60 plus years.

It was during the 60's when there were anti-this, and anti-that movements, along with the various liberation movements, that, if one were only half paying attention, one could easily have assumed that many of these problems, once revealed on television, were somehow resolved. My circle of friends, had worked things out for ourselves, among ourselves. But we grew up in Southern California, insulated from much of the hard realities of the rest of the world.

When I went to East Texas and Louisiana, I saw "Whites Only" signs on drinking fountains and rest rooms, and observed how black people had to enter eating establishments through the back door. For me as a white person it felt weird and uncomfortable. I realized that perhaps I had grown up in some kind of Disneyland/Fantasyland.

Then the Civil Rights Amendment was passed, and Robert Kennedy, before he was assassinated, predicted that in about "40 years" we would have a black person running for, if not winning the presidency. Looking ahead, 40 years seemed like a

—See "editor's" p.4

## Masked Bandits Prowl LARC Grounds

Keith & I were watching a whodunit cop show on television one crisp fall evening. We try to be amateur sleuths and guess who the killer is before the end of the show. Although I'm paying more attention to Keith's foot bouncing on the recliner. His white socked twitching foot has been keeping me entertained during the commercials. We've been on strike way too long! Suddenly, I



was startled by the sight of a black masked face. I alerted Keith to the fact that we had an intruder at our patio door. Upon further investigation, he saw 1...2....no 3 prowlers!

He ran swiftly to the bedroom where we kept our camera in a cabinet. He was able to get several photographs of our trespassers. Peering through the glass were 3 healthy raccoons searching for the apples we had sitting on out on our deck the night before. They would pace back and forth, paw the cold glass patio door, and check out the empty ice cooler for maybe an hour or so. Keith was transformed into a National Geographic wildlife photographer as he snapped picture after picture of our little hoodlums. Needless to say, we learned a valuable lesson, to not leave food out at night, for fear of destruction of our property at the hands of our woodland friends. But it sure was fun to watch them strike a pose!

—Tammy S.



**MIKE HAS THE ANSWER TO SO MANY NEW MEMBERS WANTING RV SPACES!!!!**



3

## “MEET THE MEMBERS”

*We will be conducting brief interviews of some of our members so that we can all get to know each other better. This article is not the whole story, but just enough information to tweak your curiosity and help you start up a conversation with another member and start your own dialog. This month we are talking to Darlene O.*



*who was interviewed by Joleen G.*

NV: How long have you been a member of LARC?

DO: 11 or 12 years. I came out to LARC after my first husband Bill died. I've been on the board for a total of six years.

NV: What was your first nudist experience?

DO: I used to hike with a friend, John, to hot springs and enjoyed the nudity option at the Springs.

When we went out to LARC, we joined right away.

NV: What is your favorite outdoor activity?

DO: Hiking. I've done lots of hiking over the years, including a ten day hike on the Cascade Crest Trail: 60 miles. I also enjoy cross-country skiing. I still hope to ski in the buff again.

NV: People might be surprised to hear that!

DO: I am an open book. I don't really think there is anything people haven't heard already.

NV: What is your favorite place and time of year?

DO: I really enjoy the changing of the seasons. I've traveled all over the U.S. and really enjoy the Northwest.

NV: Have you enjoyed other wintertime nude activities?

DO: I hosted the nude swims in Seattle for 5 years in the late 90's.

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## CLOTHING OPTIONAL IS NOW CLEANER THAN EVER!!!



**YOU MAY NO LONGER HAVE THAT EXCUSE ABOUT NO LAUNDRY HERE AT LARC!**

The laundry equipment is up and running!. There are two high-speed extractor washers and two dryers. Wash time is approximately 20 minutes with four cycles to choose from. Regular wash is \$2.25 and super wash is an additional \$.50. A 45 minute drying cycle is \$1.75. Medium heat is the preferred dryer setting. The building is open 24 hours. Quarters can be purchased from Astrid.

## CLOSE CALL IN SEATTLE!

The news was ominous on November 13, when it was announced that the Seattle Parks department had seen enough of these organized Naked Bike Rides, and other nude events and activities, which KING-TV called a "Seattle Tradition." As a result, a ban on public nudity was being considered by the Seattle Parks Board of Commissioners.

Within two days however, thanks to Mark Storey, Howard Williams and the NAC, this proposal was rejected, and removed from the agenda of future meetings. The staff of the Board was also directed to look into the possibility of designating a nude beach somewhere in the Seattle Parks System. Congratulations to Mark, Howard and the NAC!

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## UPHOLD OUR REPUTATION!

To celebrate the above, or simply her birthday next month, Denise P. suggests buying up a supply of "Naked City" brew. At least check out their web site: [www.nakedcitybrewing.com](http://www.nakedcitybrewing.com).

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## SPEAKING OF BEER...

Cassandra B. reports that they are having a lot of fun in Texas, playing water sports, and lounging around the pool, afterwards. It feels good, but they do miss us when they think about it; but there are so many distractions! She reports that an upcoming Beer and Brats Party, should be great. Everybody brings beers from their home town or state and shares it like in beer tasting. Needless to say, everybody gets buzzed. Of course Jack is taking Red Hook.

*Maybe next year their beer of choice will have to be "Naked City"!!*

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## MORE FESTIVITIES...

We have started to plan 2009 events and need your ideas for themes.

Here is a partial listing as the entire calendar is not planned.

There will be three lunch potlucks – 3-29, 6-14 and 9-13

One dinner potluck – 6-6

Three karaoke's – 4-11, 5-23 and 6-27

Two dances – 6-13 and 10-10

Once again, this is not the entire schedule of these types of events. Some are yet to be planned and some others already have themes.

Our presently planned themed dances are:

Mardi Gras 3-28, Flower Power 5-9 and Halloween 10-31

In addition to themes, please be thinking of decoration ideas.

Bring your ideas to a board meeting or give to any board member.

We're all looking forward to fun in the sun!

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## LOOKING FOR FUND RAISING IDEAS

LARC is always looking for practical and fun ideas to raise money for the club. This money helps us provide all the events we host every season. If you have an idea for fund raising or just plain fun, please contact me at [freein1derland2007@yahoo.com](mailto:freein1derland2007@yahoo.com), (360) 420-2037 .

—Alice A.

# Parting Shots



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### "editor's" from p. 2

long time; looking back, not so much. So even though this is a very profound moment in our history, we are still not all on the same page. There have been more threats on our new president-elect than at any other transition time in our history. So we can't take anything for granted.

A couple of years ago, the nudist press raised the issue of why more people of color were not participating in organized nudism. Those of us who are "old timers," probably remember when "they" were not made to feel very welcome in some local clubs, but I recognize those times and sentiments have changed and are changing. It may take awhile for the results of these shifts in consciousness to become visible in the membership rolls, but see them we will. I am proud to be a member of a club which has opened its doors to a broad spectrum of people, from a variety of backgrounds, who are made to feel very welcome at our park.

—Jay Gearon